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WINNER GETS TO LOSE THE FAKE SMILE

BLANCHETT VS. BULLOCK JUST ONE SHOWDOWN TAKING PLACE SUNDAY ON OSCAR NIGHT PAGE 18

Anthem smells like Redblacks team spirit

Local rockers create audio-video tribute to CFL franchise PAGE 3

Webcam spying 'a whole new level of violation'

New Snowden leaks show U.K. video chat interception PAGE 10

Delilah
Québec
Montréal, le 7 février 2014
Madame Eva Cooper
Propriétaire
DELILAH IN THE PARK
18, chemin Scott
Chelsea (Québec) J9B 1R5
N/Réf. : 56766
Objet : Page publicitaire Facebook
Madame,
L'Office québécois de la langue française a reçu une plainte concernant la publicité commerciale que vous faites paraître sur Facebook, à l'adresse suivante : www.facebook.com/DelilahTheParc , pour des produits ou des services que vous offrez au Québec. On m'a confié la responsabilité de traiter ce dossier et de faire en sorte que les correctifs nécessaires soient apportés conformément à la Charte de la langue française.
Il est contraire à la loi, selon l'article 52 de la Charte, d'offrir au public un document publicitaire qui n'est pas en français.
52. Les catalogues, les brochures, les dépliants, les annuaires commerciaux et toute autre publication de même nature doivent être rédigés en français.
La publicité commerciale, dans son ensemble, est visée par la Charte, quel que soit le moyen de diffusion utilisé. Les tribunaux ont d'ailleurs reconnu que la publicité commerciale véhiculée sur un site Web est soumise à la règle de l'article 52, c'est-à-dire que le français est obligatoire, mais qu'une autre langue peut être utilisée sur un pied d'égalité. En somme, il s'agit d'une documentation publicitaire offerte au public par une entreprise ayant un établissement au Québec.
Vous devez donc vous assurer de traduire en français toute information de nature publicitaire ou commerciale paraissant sur votre page Facebook, et de

Chelsea's Delilah in the Parc owner Eva Cooper is fighting an order from Quebec's language police to translate her company Facebook page into French. TREVOR GREENWAY/METRO

Business owner takes on language police

Chelsea. Eva Cooper told to translate English Facebook page in accordance with 1977 pre-social-media rule

TREVOR GREENWAY
trevor.greenway@metronews.ca

A local business owner is fighting Quebec's tough language laws after she was ordered to translate her company Facebook page into French.

Eva Cooper, owner of Delilah in the Parc, in Chelsea, and Delilah in the Glebe, received a letter from Quebec's language cops — the Office québécois de la langue française (OQLF) — claiming that she had violated section 52 of Bill 101 and that she must translate the page into French to comply with the law. The letter was prompted by a public complaint, the letter read. Cooper said the reaches of Bill 101 have stretched too far and she's ready to fight.

"I am not going to take this lying down. It's about all of us," said Cooper from her Delilah in the Glebe location.

"I am going to represent all the other small independent businesses who don't have big advertising, marketing budgets. I have to fight it. If I was to stand down, then they would pick on somebody else and we need to deal with it immediately so that it stops."

Cooper says she has no problem with complying with Bill 101 inside the confines of her store — she says she has since opened her first store in Wakefield in 2005 and even offers bilingual service in her Ottawa location. But she thinks targeting social media is taking it too far.

Article 52 states that "Catalogues, brochures, folders, commercial directories and any similar publications must be drawn up in French." There is no mention of Facebook or Twitter, but OQLF spokesperson Jean-Pierre Le Blanc said although specific social media sites aren't mentioned in the bill, they are considered similar material.

"It was written in 1977 and social media was not even dreamed of yet," he told Metro on Thursday. "So the fact that they put 'any similar publications' it will also apply to websites or a social media page."

He added that because Cooper uses her Facebook page to advertise products, sales and events, her English posts must be translated.

Cooper has until March 10 to respond to the letter so the two sides can agree on "appropriate corrective measures," or she could face legal action.

Ready for a fight

"This isn't pornography, this isn't hate mail, this isn't blackmail. I mean, there is nothing bad about what we are doing." Eva Cooper, owner of Delilah in the Parc, in Chelsea

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Sweet sounds of saw blades to rev up Redblacks fans

Theme song. Kanata duo posted fan song that's gone viral

TANYA KIRNISHNI
ottawa@metronews.ca

The Redblacks are "ready to rock," in a few months says the nascent CFL team's vice-president of fan experience, Randy Burgess, but it seems two Kanata men are already a few steps ahead of him.

Lucas Haneman, a talented, visually impaired musician from Ottawa and his friend and videographer Nevill Carney have come up with a blistering audio-video tribute to the team featuring a new Redblacks theme song that's been posted to YouTube and Facebook.

"He's actually the ears of the group," says Carney of Haneman. Carney says he came up with the idea for the song while doing renovations with floorboards.

"The saw blades sounded awesome. I thought, hey, the Redblacks' logo has saw blades — let's make a theme song!"

When the duo posted the song to Facebook they were overwhelmed by how quickly it went viral.

Within a couple hours the Redblacks staff picked it up, liked it and started following them on Twitter.

"It's great that we have such amazing local talent," says Burgess. He praises the song for its creativity and sense of humour about the competitive spirit in football. "It took a lot of work to do that, it's very gratifying," says Burgess.

Carney became interested in football in high school but never got a chance to see a game when the team left.

"When they came back I said to myself, I'm not missing out this time," says Carney.

Excited about the progress on the TD Place stadium, Carney says "it's like a phoenix rising from the ashes — new team, new stadium — it's a very exciting time to be a sports fan in Ottawa."

Lucas Haneman and Nevill Carney show off their team spirit in a new Redblacks theme-song video. YOUTUBE.COM

Bomb talks turned to 'farce,' says accused

Khurram Syed Sher leaves the Ottawa courthouse. JOE LOFARO/METRO

A dinner conversation about swearing allegiance to al-Qaida and attacking CFB Trenton simply descended into a "farce," an Ottawa courtroom heard on Thursday.

"Yes, at some points, it would cause you to raise your eyebrows," said Khurram Syed Sher, 31, a London, Ont., pathologist who has pleaded not guilty to conspiring to acts of terrorism.

The dinner happened July 20, 2010, at the Ottawa home of one of Sher's two alleged co-conspirators — who can't be named under a publication ban. The late-night talk between the three men was bugged by the RCMP. It started with food and moved to bomb making.

After questioning from Crown prosecutor Jason Wakely, Sher admitted parts of the conversation were "alarming," but said "at the end, it just descends into a farce."

It was Sher who floated the idea of a CFB Trenton attack, but he said he pitched "a hypothetical scenario" to see if there were any similar terror plans in play between his two dinner companions. The other suggested they form a group and choose a leader by writing their initials on pieces of paper and using a handheld vacuum to suck up the winning piece. The new leader swore an allegiance, which Sher said was also part of the "farce."

"What's funny about that?" pressed Wakely.

"You had to be there," said Sher. "It was a lot of bizarre comments. Just being goofy and silly."

The trial continues on Friday. LUCY SCHOLEY/METRO

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Back to work for Ottawa speedskater Ivanie Blondin

No rest. 23-year-old is prepping for the next World Cup competition

There will be no homecoming for Olympic speedskater Ivanie Blondin — at least not yet. It's back to work the 23-year-old from Ottawa, who won't get much rest between her first-ever Olympic experience and the world cup circuit quickly approaching.

"I would have liked to go home, but I feel like I am at home here," she said from Germany where she is resting before the World Cup starts this weekend. "I have been mountain biking every day and then skating on the outdoor rink here, so it feels like home."

Reflecting on her first-ever Olympic experience in Sochi, only one word came to mind for Blondin, "surreal."

Aside from being overwhelmed from the first few days of press conferences and settling into the nine time zone change, Blondin had to also focus on her two races — the 3,000 metre and 5,000 metre races where she finished 24th and 14th respectively. While she said her performance was a bit "disappointing," being an athlete in Sochi was anything but.

"The whole experience, in general, was absolutely amazing," she said, referring to the time she spent teaching hockey defenceman Shea Weber how to sharpen skates or the raging party the hockey team threw after winning the gold medal over Sweden — likely the best party she will ever attend.

"It's the small details that just make the story so awesome," she said.

TREVOR GREENWAY/METRO

Speedskaters from Canada, left to right, Ivanie Blondin, Kali Christ and Brittany Schussler compete in the women's team pursuit speedskating race for fifth place at the Adler Arena Skating Center at the 2014 Winter Olympics, last Saturday, in Sochi, Russia. PAVEL GOLOVKIN/THE ASSOCIATED PRESS

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Police face off for charity

A member of the Watchdogs military police hockey team lines up for a ceremonial faceoff as Children's Hospital of Eastern Ontario foundation president and CEO Kevin Keohane, CHEO foundation vice-president Jacqueline Belsito, deputy mayor Eli El-Chantiry and deputy police chief Mike Flanagan, get set to drop the puck at the 2014 International Police Hockey Tournament. At right Const. Vianney Calixte, one of the organizers, lines up for the Ottawa Knights. In its 53rd year, the tournament drew more than 90 teams from police forces as far flung as the U.S., Windsor, Toronto and Sudbury. Calixte said the tournament proceeds would raise money for CHEO, Do It For Daron and the Ottawa Police Benevolent Fund. SEAN MCKIBBON/METRO

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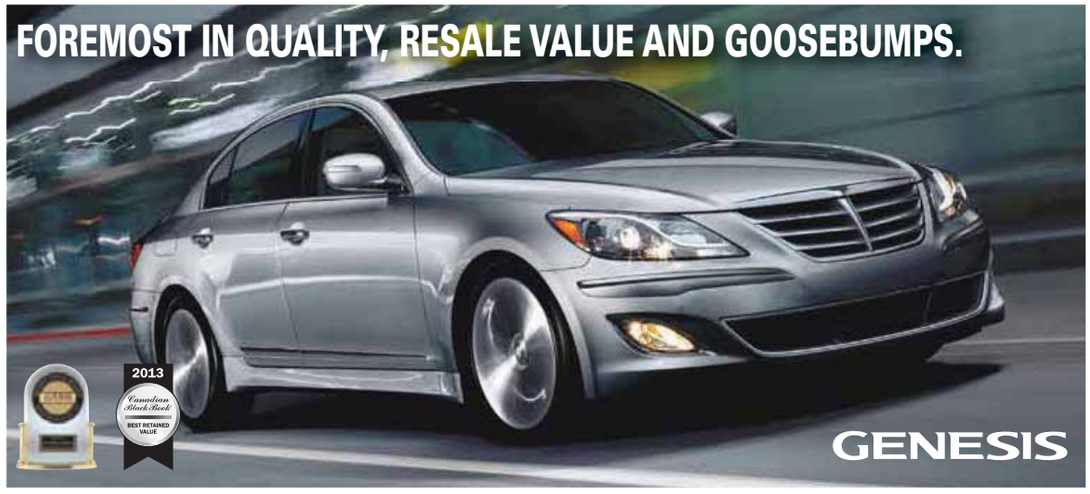

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Local Paralympian ready to push his body 'to the limits' in Sochi

Para-snowboarding. Ottawa's John Leslie says, medal or not, the main thing is to 'go out there and put down the best possible run I can'

TREVOR GREENWAY
trevor.greenway@metronews.ca

With three World Cup bronze medals under his belt this year, para-snowboarder John Leslie is poised for a podium finish at the Paralympic Games in Sochi. CONTRIBUTED

John Leslie can't ignore the pressure that comes with competing in his first Paralympic Games. The 21-year-old para-snowboarder from Arnprior is coming off his best season, notching three bronze medals at International Paralympic Committee World Cups and several other top-10 finishes.

He knows he has a shot at the podium in Sochi.

"It's in my head, I would love to get up on that podium for so many different reasons," Leslie told Metro Thursday. In mere days he will depart for the Russian resort town to compete in the brand new Para Snowboard Cross event on March 14.

"The main thing for me is to go out there and put down the best possible run that I can and make sure that I have left nothing out on the course, and if that lands me a medal, then hell yeah, but if that puts me in seventh, I will be able to sleep that night knowing I did everything I could."

Bone cancer took part of Leslie's leg when he was 10, but it didn't keep him off the slopes. He's been on the national team for three years and trains year-round in Whistler, B.C., but he still calls Ottawa home, and he knows they'll be watching when he straps on his bindings — even at 1 a.m. local time.

"The support I have been receiving from my hometown has just been absolutely insane, from posts on social media, emails, text messages, phone calls," said Leslie. "They have always had my back."

Leslie's race is a modified version of the Olympic Snowboard Cross, with racers competing in a time trial format instead of in heats. Boarders like Leslie are pushing to turn the sport into a four-man all-or-nothing race, but for now, they'll have to contest the clock.

"When you are racing side by side and you have got someone barely beating you and someone right on your ass, it is so much fun to just push your body to the limits," he said.

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Geeking havoc on Ottawa

The Ottawa Geek Market is inviting people to the Nepean Sportsplex to embrace their geekiness. Featuring artists, vendors and clubs, the OGM is not your typical comic con.

"It's a lot more personal and a lot more local," says Lee Ann Farruga, media relations coordinator for OGM.

"There is a bit of a theme towards Lego," Farruga explains. ParLUGment, a local Lego enthusiasts group, will create an installation and Geek Etc. will have two booths selling Lego. "1,500 miniature figures — you won't be able to miss it!" promises Farruga.

Steampunk Ottawa will sell "bickets," which double as button pins and tickets to their upcoming gala, while CiCi & Co. is providing geeked out cupcakes. Other groups include the Canadian Space Society and Lost Marbles. OGM is also hosting a silent auction, with proceeds going towards the Royal Ottawa Foundation for Mental Health.

Tickets are available at the door for $10 a day or $15 for the weekend. The event runs from 11 a.m. to 5 p.m. on March 1, and from 10 a.m. to 5 p.m. on March 2.

TANYA KIRNISHNI/FOR METRO

A Lego Imperial Stormtrooper stands watch at the 2013 Geek Market in Ottawa. CONTRIBUTED

Escape while you can!

Dreaming of warmer climes? Now's your chance

A cruise-line company began touting its line of direct flights out of the capital Thursday, even as Environment Canada issued a weather warning for Ottawa and a surrounding area cautioning drivers of the possibility of flurries reducing visibility to as little as 250 metres.

An Arctic air mass from Hudson Bay is blanketing the province of Quebec, the weather agency said, adding the air mass would plunge much of western Quebec into bitter cold before moving on to Eastern Quebec.

In case you've thoughts of escaping the wintery blast, Celebrity Cruises announced its maiden non-stop round-trip flight from Ottawa to Fort Lauderdale, Florida, would depart at 8 a.m on Saturday. METRO

Tamworth, Ont.

2 killed in incident north of Napanee

Two men are dead and a man and a woman are in hospital following a violent incident in eastern Ontario.

Provincial police in the small community of Tamworth, north of Napanee, say the two people in hospital have serious, non-life threatening injuries.

Police have not offered any details about what led to the deaths and injuries.

THE CANADIAN PRESS

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Google gives virtual tour of 'Polar Bear Capital'

A polar bear investigates a vehicle recording imagery for Google Maps in Churchill, Man. Google Maps users can now trek virtually across the frozen Manitoba tundra and spy on the local residents, who weren't shy about posing for the cameras. Known as the "Polar Bear Capital of the World," Google visited Churchill with the assistance of the non-profit Polar Bears International to capture images of the majestic animals and their habitat for its Street View feature.

GOOGLE/THE CANADIAN PRESS

Greyhound killer allowed to leave hospital unescorted

Vince Li. Board grants man who beheaded fellow passenger on Manitoba bus freedom to travel to nearby town without supervision

Not convinced

"He poses no threat in care. I propose they keep him in care so he's not a threat."

Carol DeDelley, mother of victim Tim McLean, who says there is no way to guarantee that Vince Li will continue to take his medication if he's unsupervised.

A man who beheaded a fellow passenger on a Greyhound bus in Manitoba will soon be allowed to leave a mental hospital without an escort.

Thursday's ruling by the Criminal Code Review Board means Vince Li will be on his own in public for the first time since he stabbed Tim McLean and then ate parts of his body six years ago.

The board granted Li all the new freedoms his psychiatric team had requested at a hearing earlier this week. Lead psychiatrist Dr. Steven Kremer said Li, a schizophrenic, has stopped experiencing delusions and is a non-violent patient.

Instead of the supervised outings Li had been granted previously, he will be allowed unescorted trips from the Selkirk Mental Health Centre into the nearby city of Selkirk. The visits, to begin next Thursday, are to start at 30 minutes and increase to full days.

As well, Li's supervision on outings to other communities — including Winnipeg — will be relaxed. He is to be part of a group without a staff member dedicated to monitoring him.

Li is also to be moved to an unlocked ward at the hospital from the secure wing where he has been kept.

For McLean's mother, the changes were an outrage.

"We're not surprised. We're very disappointed, embarrassed, ashamed," Carol DeDelley said.

"I ultimately do not believe that when you take a life, you have the right to freedom any longer." THE CANADIAN PRESS

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Egypt. Supporters rally for release of Canadian journalist and colleagues

Members of the Canadian media and the public joined an international day of action Thursday to demand the release of several Al Jazeera journalists, including an Egyptian-Canadian, who are imprisoned in Cairo.

Canadian Mohamed Fahmy and his colleagues — Australian Peter Greste and Egyptian Baher Mohamed — were detained on Dec. 29, and are being tried on charges of belonging to and aiding a terrorist organization.

Their arrests were characterized as part of a crackdown on the Muslim Brotherhood, an Islamist group that Egypt's government has branded a terrorist organization.

Local authorities have said Al Jazeera is biased towards the Brotherhood — an allegation the broadcaster has denied.

At a rally in Toronto, journalists and concerned citizens braved frigid temperatures to send a message that journalism is not a crime.

"They are reporters, producers, journalists and they've been put in jail for doing their jobs. It's unjust," Tom Henheffer, executive director of the Canadian Journalists for Free Expression, said at a rally in Toronto.

"It's crucial that we gather for one of our fellow Canadians and fight to get him out of prison."

Journalists and free speech advocates, some with masking tape stuck across their mouths, gathered in centres in other countries as well, including London's Trafalgar Square, Lebanon's Martyrs' Square and in Kenya's capital, Nairobi.

THE CANADIAN PRESS

A journalist covers her mouth in Beirut, Lebanon, Thursday, to show solidarity with journalists, including Canadian Mohamed Fahmy, who are detained by Egyptian authorities.

HUSSEIN MALLA/THE ASSOCIATED PRESS

More study needed

Canada agrees to prevent fishing in Arctic Ocean

Canada and four other Arctic nations have agreed to work toward a deal to block commercial fishing in the central Arctic Ocean until more is known about the potential of the resource.

The agreement with the U.S., Russia, Denmark and Norway was reached Wednesday in Nuuk, Greenland, after three days of talks.

"The participants recognized the need for interim precautionary measures to prevent any future commercial fisheries without the prior establishment of appropriate regulatory mechanisms," said a news release issued from Nuuk.

"The participants will work toward the establishment of such interim measures."

The five Arctic coastal nations each regulate fishing up to 200 nautical miles from their shores, but that leaves a large regulatory hole in the central Arctic Ocean.

THE CANADIAN PRESS

Same-sex marriage.
Kentucky the latest win for gay rights advocates

A federal judge signed an order Thursday directing officials in Kentucky to immediately recognize same-sex marriages performed in other states and countries, capping a hectic 24 hours in the battle over gay rights that is raging across the U.S.

The Kentucky decision was just the latest victory for gay rights advocates.

A federal judge on Wednesday declared a same-sex marriage ban in deeply conservative Texas unconstitutional, handing same-sex marriage proponents their biggest victory yet — pending an appeal that will likely go to the U.S. Supreme Court.

It followed similar recent decisions in Utah, Oklahoma and Virginia.

Kentucky's ruling Thursday only requires the state to recognize the marriages of gay and lesbian couples performed in other states or countries.

THE ASSOCIATED PRESS

Rehearsal for invasion?

North Korea launches missiles in protest, say officials

North Korea fired four suspected short-range missiles into its eastern waters Thursday, South Korean defence officials said, in an apparent effort to protest ongoing U.S.-South Korean military exercises that Pyongyang calls a rehearsal for invasion.

The launches, however, weren't expected to raise tension as North Korea routinely tests short-range missiles and it has recently sought better ties with South Korea in what outside analysts say is an attempt to win badly-needed foreign investment and aid.

THE ASSOCIATED PRESS

Pro-Russian gunmen seize Ukraine's Crimea

Pro-Russian activists carry Orthodox Icons at a checkpoint outside the Ukrainian Black Sea port of Sevastopol in Crimea, Ukraine, Thursday.

ANDREW LUBIMOV/THE ASSOCIATED PRESS

Blow to the bank.
Tensions have caused the country's finances to plummet, prompting a potential emergency financial package

Masked gunmen stormed parliament in Ukraine's strategic Crimea region Thursday as Russian fighter jets scrambled to patrol borders, while the newly formed government pledged to prevent a national breakup with strong backing from the West — the stirrings of a potentially dangerous confrontation reminiscent of Cold War brinksmanship.

Moscow granted shelter to Ukraine's fugitive president, Viktor Yanukovych, state media said. He was said to be holed up in a luxury government retreat and to have scheduled a news conference Friday near the Ukrainian border.

As gunmen wearing unmarked camouflage uniforms erected a sign reading "Crimea is Russia" in the provincial capital, Ukraine's interim prime minister declared the Black Sea territory "has been and will be a part of Ukraine."

The escalating conflict sent Ukraine's finances plummeting further, prompting Western leaders to prepare an emergency financial package.

Yanukovych, whose abandonment of closer ties to Europe in favour of a bailout loan from Russia set off three months of protests, finally fled by helicopter last week as his allies deserted him. The humiliating exit was a severe blow to Russian President Vladimir Putin, who had been celebrating his signature Olympics even as Ukraine's drama came to a head. THE ASSOCIATED PRESS

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Locked iPhone

Apple may help investigators in Pistorius case

Reeva Steenkamp and Oscar Pistorius in 2012. THE ASSOCIATED PRESS

South African prosecutors pressing a murder charge against Oscar Pistorius secured a meeting Thursday with Apple officials in the U.S. over accessing potentially crucial evidence on the double-amputee athlete's locked iPhone, they said. Pistorius said he forgot the password for the phone after he shot dead girlfriend Reeva Steenkamp in 2013.
THE ASSOCIATED PRESS

Antipsychotics

Drug firms fight $1.2B award

A lawyer for two drug companies told the Arkansas Supreme Court the state improperly relied on federal regulations in a lawsuit that resulted in a $1.2 billion US award over the companies' marketing of an antipsychotics drug. THE ASSOCIATED PRESS

One block at a time

Lego builds big interest in China

Lego says its multi-coloured blocks were hugely in demand worldwide in 2013, especially in China where the company plans to open a factory to meet growing interest in its products.
THE ASSOCIATED PRESS

Market Minute

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Natural gas: $4.48 US (-$0.04)
Dow Jones: 16,272.65 (+74.24)

U.K. spied on webcams: NSA leaks

Report. Yahoo calls news British spy agency stole screenshots of intimate videos 'a whole new level of violation of users privacy' if true

Britain's signals intelligence division is stealing screenshots from hundreds of thousands of innocent Yahoo users' webcam videos, according to the Guardian newspaper, which also reported that the years-long operation has swept up a huge haul of intimate photographs.

The newspaper said GCHQ has been scooping up the sensitive images by intercepting video chats such as the kind offered by Yahoo Messenger, an effort codenamed OPTIC NERVE. It's not clear how many Yahoo users were spied on in this way. The Guardian said that in one six-month period in 2008, GCHQ intercepted the video communications of 1.8 million users, but it's possible that the program, which the Guardian says was still active in 2012, has either grown or shrunk in scope since then.

If the program expanded, millions more could have had their video communications intercepted. Yahoo Messenger had 75 million users worldwide in late 2011, according to an estimate by digital analytics company comScore, although numbers have fallen steadily since then.

The Guardian said the documents were provided by former U.S. intelligence worker Edward Snowden, who remains in Russia after having sought temporary asylum there. THE ASSOCIATED PRESS

OPTIC NERVE hits a nerve

1.8M

The video communications of about 1.8 million users had been hacked by the GCHQ in a six-month period in 2008, according to the report by the Guardian.

Cold War redux on the horizon?

An American classic car drives past the Russian warship the Viktor Leonov CCB-175, docked in Havana, Cuba, Thursday. The warship, one of Russia's Vishnya-class ships which are generally used for intelligence gathering, was docked in the harbour on Thursday, a day after the country's defence minister announced plans to expand Russia's worldwide military presence. THE CANADIAN PRESS

Wireless spectrum sale blocked

Industry Minister James Moore has turned down the sale of 83 wireless spectrum licences by NextWave to a joint venture between Rogers Communications and Bell Canada.

The joint venture, Inukshuk Wireless, was formed to build and manage a Canada-wide wireless broadband network.

Moore said the proposed licence transfer would have led to unacceptable levels of concentration of spectrum in the hands of incumbent carriers.

"We will not approve any spectrum transfer request that results in excessive spectrum concentration for Canada's largest wireless companies, which negatively affects competition in the telecommunications sector," Moore said in a statement. Bell said it had planned on using the NextWave spectrum as part of its long-range LTE rollout in rural and remote areas.

"We'll adjust and foresee no impact on Bell's overall LTE expansion program," Bell spokesman Jacqueline Michelis said in an email. Rogers said the decision doesn't affect its plans to roll out 4G LTE to more customers in areas across the country.
THE CANADIAN PRESS

Flying. The 1% get more than mere curtains

Some of the most cherished new international first-class perks for fliers have nothing to do with meals, drinks or seats. Global airlines are increasingly rewarding wealthy fliers with something more intangible: physical distance between them and everyone else.

The idea is to provide an exclusive experience — inaccessible, even invisible, to the masses in coach. It's one way that a gap between the world's wealthiest one per cent and everyone else has widened.

Many top-paying passengers, having put down roughly $15,000 US for a ticket, now check in at secluded facilities and are driven in luxury cars directly to planes.

When Emirates Airline opened a new concourse in Dubai last year, it made sure to keep coach passengers separate from those in business and first class. The top floor of the building is for premium passengers with direct boarding to the upstairs of Emirates' fleet of double-decker Airbus A380s. Those in coach wait one storey below and board to the lower level of the plane.
THE ASSOCIATED PRESS

HASHTAG HOPES FOR SPRING

THE METRO LIST

Neil Morton
metronews.ca

1 Piers Morgan. Social media went nuts this week when it was announced CNN was ending Piers Morgan's show next month due to poor ratings. The majority seemed fully in support of the decision to axe the show. I for one find his interview style refreshing and transparent, and his ranting on gun control laws — while tiring to some — bang on. I say move Anderson Cooper into the 9 p.m. slot now.

2 #PinkShirtDay #StopBullying. People standing up to bullies — while wearing pink — was trending across Canada this week in a beautiful show of solidarity against bullying on Pink Shirt Day on Wednesday. Whether it's in the schoolyard, home, workplace or online, we all know someone who has been bullied. The more awareness (and action) on this social issue, the better.

3 Harold Ramis. The world of comedy lost a gem — his writing classics included Animal House and Groundhog Day — when he passed away at the age of 69, and online tributes flowed in. It's his co-starring role in the Ghostbuster movies he'll likely be most remembered for. Indeed, a Twitter picture showing a tribute to him outside the Ghostbusters firehouse in Tribeca (Twinkie included!) was shared all over the interwebs.

4 AC/DC symphony. It's perhaps the best mashup of classical music meets classic rock ever: Croatian string duo 2Cellos did an amazing cover of AC/DC's Thunderstruck, performed in full period setting. It has four million views on YouTube. I want more. I want the 2Cellos to do Stairway to Heaven, Bohemian Rhapsody, Sweet Child O'Mine and Smells Like Teen Spirit. Shake me all night long with that.

5 #WeAreSpring, please. #WeAreWinter was a fantastic, empowering promo for the Canadian Olympic team during the Winter Olympics but that's over (and we did amazing!), yet the frigid temperatures still remain. I can speak for everyone when I say we are kinda getting sick of shovelling. So I propose it's time to bring out a #WeAreSpring campaign where we encourage Mother Nature to show us some heat! Bring it with that hashtag.

6 Coldplay. With no context, Coldplay released an eerie, frosty, dark new video titled Midnight this week that felt more like a Radiohead song. But dropping stuff with zero context is the new I'm-going-to-build-so-much-hype-behind-this-product-before-it's-released-you-won't-believe-it! So it makes total sense, actually.

7 Anchorman 2. On Feb. 28, Anchorman 2: The Legend Continues is being re-released in theatres for one week only with 763 new jokes. A movie that had so much improvisation had plenty to choose from and these new ones have risen from the cutting room floor. So now, watch out on social media as movie-goers tweet out their fave new Ron Burgundy lines.

8 Oscars. With the 86th Academy Awards Sunday night, the biggest social media action will be on what returning host Ellen has to say in her opening monologue, and what the stars are wearing on the red carpet. The actual awards are secondary — though if Barkhad Abdi from Captain Phillips doesn't win best actor in a supporting role, I'll be kicking up a Twitter storm.

Follow The Metro List on Twitter @TheMetroList

ZOOM

Batman stars in new toy story

COURTESY FREYA JOBBINS

Dark Knight's head made of recyclables

It looks like Batman has gone all soft – he's made out of toys. Sculptor Freya Jobbins created this bust of the Caped Crusader using old figurines, with a baby doll belly as his chin. "My work explores the relationship between consumerist fetishism and the emerging recycling culture within the visual arts," says Jobbins. METRO

Artist's viewpoint

"I begin my work by finding toys in second-hand shops and recycling centres. As I build a base layer of toys and doll parts, the persona of the bust starts to evolve." Freya Jobbins

So many items

- "I love the actual process of hunting for the discarded toys, but to find so many of them unwanted, still in perfectly good condition, really shocks me," Jobbins said.

Clickbait

ANDREW FIFIELD
andrew.fifield@metronews.ca

Seth Rogen and his partner-in-crime Evan Goldberg's next announced project is a movie version of Console Wars, an upcoming book about the knock-down, drag-out brawl between Sega and Nintendo of the '90s. But there's no need to wait for either to refresh your memories of a pixelated rivalry.

TORY WALKER/FLICKR

Nesbox:

Brush up on the Nintendo side of the war by browsing through a playable library of NES and SNES games that is hundreds deep. Classic RPGs, beat-em-up brawlers and patience-grinding platformers. Not to mention the mighty and beloved Earthbound. (nesbox.com)

Ssega:

Look, fan boys. It's quite easy to love the offerings of both companies. There's no need for rival camps. However, as you're working your way through proven classics like Aladdin, Beyond Oasis and Sonic Spinball (that's right, Spinball), you'll find we can all agree that most of the music was terrible. (ssega.com)

The Console Wars:

If the games themselves cause your eyes to glaze over, there's still a magnificent yarn full of insider intrigue, corporate betrayal and tumbles from the throne. The full book is a few weeks away from release, but Exposé has a pretty great primer that may pique your interest. (xmedia.ex.ac.uk)

Twitter

@metropicks asked: The Oscars are this Sunday! If you created an Oscars category that you would win, what would it be called?

@Frank_Mag: Category; "Best Actor/Actress who only has one line in a movie award" best delivery of said line wins obviously.

@MomAndDadFight: and the oscar for best new oscar category goes to Ben Whitaker for his work on best new oscar category

@GeorginaBencsik: Best #style

@VickiEssex: Best Monologue Delivered with a Mouth Full of Food. #oscarcategories

Follow @metropicks and take part in our daily poll.

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Synopsis

Liam Neeson joins the mile-high club in Non-Stop. He plays Bill Marks, an aging U.S. federal air marshal safe-guarding the 150 passengers, including Julianne Moore, Corey Stoll, Linus Roache and flight attendant Lupita Nyong'o, on an international flight from New York to London. He's also a burn-out, a lonely guy with a loaded gun and a propensity to get loaded on booze. The routine flight becomes fraught with danger when he receives text messages from a mysterious source threatening to kill a passenger every 20 minutes unless a ransom of $150 million is deposited into a bank account. When that account is discovered to be in Marks's name, he's accused of being a hijacker.

- Richard: ●●○○○
- Mark: ●●○○○

Liam Neeson takes his tough guy act in the air in Non-Stop. CONTRIBUTED

Reel Guys

RICHARD CROUSE AND MARK BRESLIN

Just plane outrageous

Non-Stop. Liam Neeson's acting is the only thing that saves this from a crash landing

Richard: Mark, Non-Stop has more red herrings than a fish and chips shop. Clues are dropped and discarded and the plot is so ludicrous that every now and again someone has to say, "I can explain this," so the audience has a fighting chance of making some kind of sense of the intrigue. The story is simple but is muddied by outrageous twists. Once I decided to not try and play along — this isn't True Detective where every word and scene counts — I enjoyed watching Neeson in action man mode. He's better than the movie and he made this movie better simply by showing up.

Mark: Richard, I liked the movie in spite of itself. I did play along right to the end, and enjoyed the ride. But it's this Agatha Christie-like cheesiness that keeps threatening to sink the picture. And the answer to the movie's riddle was far from satisfying. It felt tacked on and graceless. Neeson is great, but he's getting so old for this sort of thing. Soon he's going to have to chase after the bad guys with a walker.

RC: You wouldn't say that if he was after you! Walker or no walker, the old boy has some life in him yet. There is a certain cheesy joy to be found in the image of Neeson floating in zero gravity, grabbing a gun out of the air and getting business done. He has carved a unique action niche for himself and seems to be having fun growling and gunning his way through trashy action movies.

MB: And what about Julianne Moore? What's her excuse? Mortgage payments? She was actually the one passenger I didn't believe in for a moment. I kept thinking, "Why is Julianne Moore in this picture?' And like everyone else, she gets to do an emotional speech that proves she couldn't be the villain. Which, of course, may or may not be the case. I know you liked Neeson's zero gravity gun grab, but I also liked his fist fight in the airplane lavatory. Shot in such close quarters, it was very exciting.

RC: I hope Moore buys something nice with the pay cheque. She gets the job done, but that part could have been played by anyone. I feel bad for Lupita Nyong'o. She's an Oscar nominee for 12 Years a Slave, but here she's reduced to a Grace Jones impersonator with just a few lines.

MB: Weirdly, I did not feel very emotionally involved with the movie. Maybe because so much of the plot depends on texting, or maybe because the characters keep yammering on, Non-Stop, about their backstory.

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Ratings and synopses courtesy of Rotten Tomatoes. For more movie reviews, trailers and news go to RottenTomatoes.com. **Ratings:** *Certified Fresh:* *Fresh:* *Rotten:* *Audience response:* *Audience anticipation for the film:*

Drama

Stalingrad

Director. Fedor Bondarchuk

Stars. Thomas Kretschmann, Yanina Studilina

Stalingrad is an epic look at the battle that turned the tide of the Second World War. A band of determined Russian soldiers fight to hold a strategic building in their devastated city against a ruthless German army, and in the process become deeply connected to two Russian women who have been living there. Presented in IMAX 3D, the scale of the battle contrasts dramatically with the human drama.

Rotten Tomatoes™ score
Critics: 46% **Audience:** 95%

Drama

The Selfish Giant

Director. Clio Barnard

Stars. Shaun Thomas, Conner Chapman

The Selfish Giant is a contemporary fable about 13-year-old Arbor (Conner Chapman) and his best friend Swifty (Shaun Thomas). Excluded from school and outsiders in their own neighbourhood, the two boys meet Kitten (Sean Gilder), a local scrap dealer, the Selfish Giant. They begin collecting scrap metal for him using a horse and cart.

Rotten Tomatoes™ score
Critics: 97% **Audience:** 85%

Animation

The Wind Rises

Director. Hayao Miyazaki

Stars. Joseph Gordon-Levitt

Jirou dreams of flying airplanes, but because he's nearsighted he's unable to become a pilot. Instead he becomes an engineer in the aircraft division of a major Japanese company, where his genius is soon recognized. Historic events and the happenings in his life are inextricably linked.

Rotten Tomatoes™ score
Critics: 83% **Audience:** 92%

The man behind The Lion King looks at the dog life

Mr. Peabody & Sherman hits theatres next Friday. CONTRIBUTED

Mr. Peabody & Sherman. Rob Minkoff brings back a beagle he loved as a child and makes a smart, funny film in the process

Quoted

"I didn't want to copy (the TV show) exactly because I couldn't possibly do that. So it was taking the spirit of it and letting that be. Trying to get to the core of what it is rather than the surface."

Director Rob Minkoff on making a film based on Peabody's Improbable History

RICHARD CROUSE
scene@metronews.ca

Rob Minkoff may always be best known as the co-director of The Lion King, one of the biggest animated hits of all time, but long before he brought Simba, Mufasa and Scar to life, he was a fan of a dog named Mr. Peabody.

Mr. Peabody is a beagle in the world of humans — imagine Family Guy's Brian with less attitude but more PhDs. He's a Harvard grad, a Nobel Prize winner, advisor to heads of state and in his spare time he invented planking and auto tune.

With his adopted human son Sherman, he's also a time traveller, taking the WABAC machine — "It's not WHERE we're going, but WHEN!" — to various spots in history in a weekly segment on the show Rocky and His Friends called Peabody's Improbable History.

"Whenever it came on, I would watch it," says Minkoff, director of the new animated film Mr. Peabody & Sherman, "so I've seen all the episodes multiple times.

"I was always a fan but I don't recall thinking, 'Oh, that would make a great movie one day.' It didn't occur to me that way. It all started 12 years ago with a conversation I had with (executive producer) Jason Clark. He came to me and said, 'What do you think of Mr. Peabody and Sherman?' My answer was, 'I love them.' He said, 'What about making a movie out of them.' I thought, 'They're great characters. There's a lot to them. There is an unexplored well of stuff, like the time machine and time travel.'"

That was 12 years ago. "Once you get your teeth into something creatively," he says, "you never really let go."

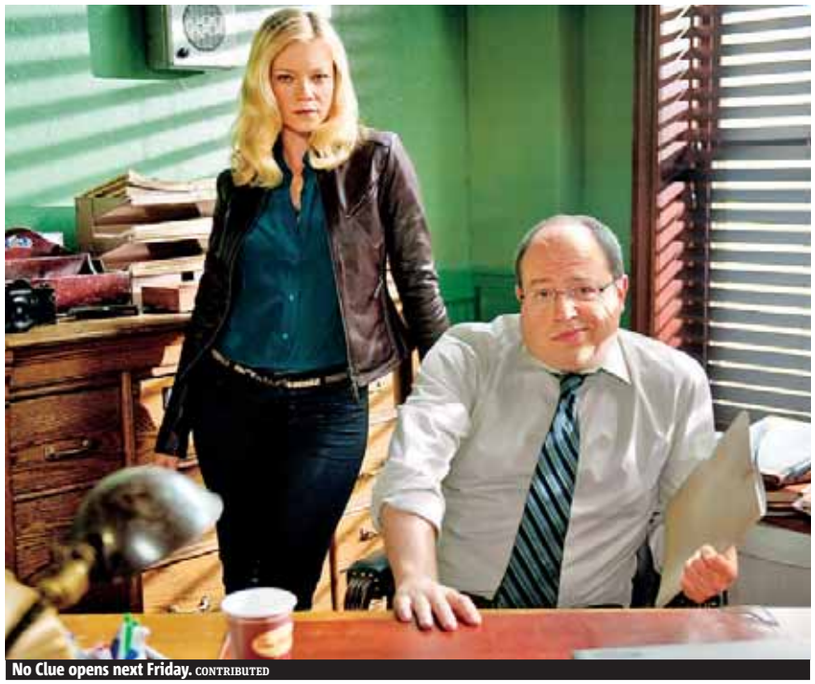
Over the years the idea for the film has shifted and changed. At the very early stages it was suggested that the movie could work as a live action story.

"It didn't take very long for me to come around to the idea that I would prefer to do this as an animated movie because I didn't understand how it would work as a live action thing. It would lose some of its appeal, some of the quirkiness of it."

The film retains the eccentricity of the original series: It's probably the only kid's movie with an Oedipal joke. But Minkoff hopes the movie will appeal to all ages.

"The original show was always popular among college educated, smarter people, and that was something we thought was important but at the same time, we wanted to) make it kid friendly.

"I didn't want to copy (the TV show) exactly because I couldn't possibly do that. So it was taking the spirit of it and letting that be. Trying to get to the core of what it is rather than the surface."



No Clue opens next Friday. CONTRIBUTED

Brent Butt finds the funny in a murder mystery

No Clue. Corner Gas creator had the jitters anticipating how audiences would receive his new film

RICHARD CROUSE
scene@metronews.ca

"The Whistler Film Festival was the first opportunity I got to sit in a room with strangers and have them watch the movie and I was very nervous going into it," says comedian Brent Butt about his new film No Clue.

In the film he stars as Leo, a mild-mannered Vancouver tchotchke salesman lured into a murder mystery by a femme fatale played by Amy Smart.

"It's a very dark, classic kind of detective mystery but the main characters say funny things," says Butt.

"We really felt, totally objectively, that we made the movie we wanted to make but that part of my brain that is the stand up comic said, 'What you think doesn't really matter. The audience will let you know,' and the audience is everything to me.

"Long before Corner Gas came around I was just a greasy nightclub comic, out there getting it done. When you are doing that you always have the ability to shift gears. You think, 'They're not buying the sports stuff so I'll talk about politics,' but with this movie if they're not liking it five minutes in you can't say, 'Everybody go get a drink. I'm going to re-edit this.' You are locked in."

Audience reaction was "better than we ever could have imagined" for a movie he calls a "tricky balancing act."

"I wanted to make a movie that if it wasn't funny would still be entertaining. It would still be thrilling and a mystery and have all those good, juicy elements, and then the funny kind of folds in, like gravy: It's on top of everything else.

"From the writing stand point there were a lot of funny jokes I neglected to put in the movie because I felt this is funny, but it is ultimately going to damage the reality.

Quoted

"Beverly Hills Cop was written not to be a funny movie. It was written to be a thriller and then they cast Eddie Murphy and said 'Let's make it funny.'"

Brent Butt

"For this movie to work it has to feel real. One of the things we did early on was tell everybody to forget that this is a comedy. Pretend you are making a dark murder mystery. That's what this is. The comedy will come in elsewhere."

Butt cites a famous example of the kind of film he wanted to make.

"Beverly Hills Cop was written not to be a funny movie. It was written to be a thriller and then they cast Eddie Murphy and said, 'Let's make it funny.' But if you take all the funny things that Eddie says out, it still holds water as an action movie."

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THESE PAGES COVER MOVIE START TIMES FROM FRI., FEB. 28 TO THURS., MAR. 6. TIMES ARE SUBJECT TO CHANGE.

Bytowne Cinema
325 Rideau St.

American Hustle (14A) Fri-Sat 3:45 Sun 8:40
A Clockwork Orange (R) Thu 9:25
La grande Bellezza (14A) Fri 6:40 Sat 12:45-9 Sun 3:35 Tue 4-8:55 Wed 8:55 Thu 6:30
The Selfish Giant (14A) Fri 9:40 Sat 3:45 Sun 1:30-6:35 Mon 6 Tue 6:55 Wed 4:35
The Square (18A) Wed 6:40 Thu 4:15
Valentine Road (PG) Mon 8:05

Canadian Museum of nature
240 McLeod St.

Flying Monsters 3D (G) Fri-Thu 12-2:30-3:40 Flying Swords of Dragon Gate 3D (14A) Fri-Thu 12:35-3:05
Penguins 3D (STC) Fri-Thu 10:30-1:10 Fri-Thu 11:15-1:50

Coliseum Ottawa
3090 Carling Ave.

3 Days to Kill (PG) Fri-Sun 2-4:45-7:30-10:15 Mon-Thu 4:45-7:30-10:15 Star & Strollers Screening Thu 1
300: Rise of an Empire 3D (18A) Thu 8-10:35
About Last Night (14A) Fri 12:30-3-5:30-8-10:30 Sat 12:30-8-10:30 Sun 12:30-3-5:30-8-10:30 Mon-Wed 5:30-8-10:30 Thu 1:20-4:30-10:30
American Hustle (14A) Fri-Thu 10:05
Endless Love (PG) Fri-Thu 7:50-10:25
Frozen (G) Fri 12:10 Sun 12:10 Thu 1:35
Frozen 3D (G) Fri 2:40-5:10 Sat 5:10 Sun 2:40-5:10 Mon-Thu 5:10
The LEGO Movie (G) Fri-Sun 12-2:30-5:05-7:40 Mon-Wed 5:05-7:40 Thu 1:20-5:05-7:40
The LEGO Movie 3D (G) Fri-Sun 1:30-4:05-6:40-9:30 Mon-Wed 4:05-6:40-9:30 Thu 4:05
The Metropolitan Opera: Prince Igor (STC) Sat 12
The Monuments Men (PG) Fri-Sun 1-3:50-7-9:50 Mon-Wed 4-7-9:50 Thu 1:15-4-7-9:50
Non-Stop (PG) Fri-Sun 12:20-2:55-5:30-8:05-10:45 Mon-Wed 5:30-8:05-10:35 Thu 8:05-10:35 Thu 1:35-5
Pompeii 3D (PG) Fri-Sun 12:15-2:50-5:25-8-10:40 Mon-Wed 5:25-8-10:35 Thu 1:25-5:25-8-10:35
Ride Along (14A) Fri 1:15-4:20-7:20-10:10 Sat 1:15-7:20-10:10 Sun 1:15-4:20-7:20-10:10 Mon-Wed 4:20-7:20-10:10 Thu 1:25-4:20-7:20-10:10
RoboCop (PG) Fri 1:50-4:50-7:40-10:40 Sat 4:50-7:40-10:40 Sun 1:50-4:50-7:40-10:40 Mon-Wed 4:50-7:40-10:30 Thu 1:30-4:50-7:40-10:30
Romeo and Juliet (STC) Thu 7
Shaadi Ke Side Effects (STC) Fri-Sun 12:25-3:35-6:35-9:40 Mon-Wed 4:10-7:10-10:10 Thu 1:10-4:10-7:10-10:10
Son of God (PG) Fri-Sun 12:50-4-7:10-10:20 Mon-Thu 4-7:10-10:20 Star & Strollers Screening, Thu 1

Mayfair Theatre
1074 Bank St.

86th Annual Academy Awards (STC) Sun 8
It Is Fine. Everything Is Fine! (STC) Fri 10
Lone Survivor (14A) Mon-Tue 4-9 Thu 9:30 Nebraska (PG) Fri 6:30 Sat 6 Sun 3-5:30 Mon-Tue 6:30 Wed 4:30 Thu 3:30
What Is It? (STC) Sat 9:30

Rainbow Cinemas St. Laurent Centre
1200 St. Laurent Blvd.

Dallas Buyers Club (18A) Fri-Thu 10:10-6:50-9:15
Free Birds (G) Fri-Thu 12:30-2:35-4:40
Gravity (PG) Fri-Sat 10:40-4:10-6:40 Sun-Mon 4:10 Tue 10:40-4:10-6:40 Wed 4:10 Thu 10:40-4:10-6:40 Open Captioned Sun-Mon 10:40-6:40 Open Captioned Wed 10:40-6:40
The Hunger Games: Catching Fire (PG) Fri-Thu 12:50-6:30
Jack Ryan: Shadow Recruit (PG) Fri-Thu 10:20-4-9:25
Lone Survivor (14A) Fri-Wed 1:10-8:50 Thu 8:50 Thu 1:10
The Nut Job (PG) Fri-Thu 10:30-12:40-2:45-4:50
Philomena (PG) Fri-Thu 10-2:30-7:05
Thor: The Dark World (PG) Fri-Thu 7-9:20
Winter's Tale (PG) Fri-Thu 12:05-4:35-9:10

South Keys
2214 Bank St.

3 Days to Kill (PG) Fri-Thu 10:45-1:25-4-6:55-9:35
300: Rise of an Empire 3D (18A) Thu 9
American Hustle (14A) Fri 12:15-3:25-6:35-9:40 Sat 4:15-6:35-9:40 Sun-Wed 12:15-3:25-6:35-9:40 Thu 12:15-9:40
Endless Love (PG) Fri-Thu 9:30
Frozen (G) Fri-Thu 11:05-1:35
Frozen 3D (G) Fri-Thu 4:15-7
Gnomeo and Juliet (G) Sat 11
The LEGO Movie (G) Fri-Thu 11:30-2-4:35-7:05
The LEGO Movie 3D (G) Fri-Wed 10:40-1:10-3:45-6:30-9 Thu 10:40-1:10-3:45-6:30
The Metropolitan Opera: Prince Igor (STC) Sat 12
The Monuments Men (PG) Fri-Thu 10:30-1:15-4:05-6:50-9:50
Non-Stop (PG) Fri 11:50-2:25-5-7:35-10:10 Sat 10:50-1:20-3:55-7:35-10:10 Sun-Thu 11:50-2:25-5-7:35-10:10
Pompeii 3D (PG) Fri-Thu 11:25-2:05-4:40-7:25-10:05
RoboCop (PG) Fri 11-1:40-4:25-7:10-10 Sat 11-1:40-7:10-10 Sun-Wed 11-1:40-4:25-7:10-10 Thu 11-1:40-4:25-10
Romeo and Juliet (STC) Thu 7
Son of God (PG) Fri-Thu 12:20-3:30-6:40-9:45
Starting Over Again (STC) Fri 10:55-1:45-4:30-7:15-9:55 Sat 1:45-4:30-7:15-9:55 Sun-Thu 10:55-1:45-4:30-7:15-9:55
Winter's Tale (PG) Fri-Thu 9:25
The Wolf of Wall Street (18A) Fri-Wed 12:30-4:20-8:10 Thu 12:30-9:15

Canadian Museum of Civilization
100 rue Laurier

Destination Pacific Sud 3D (STC) Fri 12-7 Sat-Sun 1 Mon-Thu 12-4
Grand Nord (STC) Fri 4 Sat 6 Tue 7 Thu 8
Great North (STC) Fri 1-3 Sat-Sun 3 Mon 7 Wed 7
Journey to the South Pacific: An IMAX 3D Experience (STC) Fri 2-5 Sat 11-2-5-7 Sun 11-2-5 Mon 11-3-6 Tue 11-3-5 Wed 11-3-6 Thu 11-3-7
Kenya 3D: Animal Kingdom (STC) Fri 6 Sat 12-8 Sun 12-6 Mon 1 Tue 1-6 Wed 1 Thu 1-5 Fri 8 Sat-Sun 4 Mon 10-2-5 Tue 2 Wed 2-5 Thu 2-6
Rocky Mountain Express (STC) Fri 10-11

Cinéma Aylmer
400 boul. Wilfrid-Lavigne

Le Coq de St-Victor (G) Fri-Thu 1:10-3
The LEGO Movie (G) Fri-Thu 1-3:20-7:10-9:20
Non-Stop (13+) Fri-Thu 12:50-3:10-6:50-9:10
RoboCop (G) Fri-Thu 7-9:30
Son of God (STC) Fri-Thu 12:40-3:30-6:40-9:30

Gatineau 9
120 boul. de l'Hôpital

300: la naissance d'un empire 3D (STC) Thu 9 Belle et Sébastien (G) Fri-Thu 1-3:20-7:10-9:30
Le Coq de St-Victor (G) Fri-Thu 1:15-3:30
Célibataires... ou presque (13+) Fri-Thu 7:25-9:45
Le film LEGO (G) Fri-Thu 2:30
Le film LEGO 3D (G) Fri-Thu 12:15-4:30-6:45
Le fils de Dieu (STC) Fri-Thu 12-3-6:30-9:25
Jack Ryan: Recrue dans l'ombre (13+) Fri-Wed 9
Miraculum (G) Fri-Thu 12:30-3:05-7-9:35
Opération noisettes 3D (G) Fri-Thu 3:40
Pompéi 3D (G) Fri-Thu 1:10-3:45-6:45-9:15
RoboCop (G) Fri-Thu 12:50-7:05-9:45
Sans-Arrêt (13+) Fri 11-1:20-4-7:15-9:45 Sat-Thu 1:20-4-7:15-9:45
Un amour infini (G) Fri-Thu 12:40-3:15-6:50-9:20

StarCité Hull
115 boul. du Plateau

3 Days to Kill (13+) Fri-Sun 2-4:45-7:30-10:20 Mon 2-4:45-7:20-10 Tue 2-4:45-7:30-10:20 Wed-Thu 2-4:45-7:20-10
300: Rise of an Empire 3D (STC) Thu 8-10:20
Belle et Sébastien (G) Fri 1-3:15-5:40-8-10:15 Sat 11:05-1-3:15-5:40-8-10:15 Sun 1-3:15-5:40-8-10:15 Mon 1-3:15-5:40-7:55-10:10 Tue 1-3:15-5:40-8-10:15 Wed 1-3:15-5:40-7:55-10:10 Thu 3:15-5:40-7:55-10:10 Thu 1
Concert: Kaas Chante Piaf (STC) Sun 12:55 Wed 7
Le Coq de St-Victor (G) Fri 1:10-3:15-5:30-7:30 Sat 11-1:10-3:15-5:30-7:30 Sun-Tue 1:10-3:15-5:30-7:30 Wed 1:10-3:15-5:5:30-7:30 Thu 1:10-3:15-5:30-7:30
Endless Love (G) Fri 2:35-5:10-7:45-10:20 Sat 12-2:35-5:10-7:45-10:20 Sun 2:35-5:10-7:45-10:20 Mon 2:35-5:10-7:35-10 Tue 2:35-5:10-7:45-10:20 Wed-Thu 2:35-5:10-7:35-10
Le film LEGO (G) Fri 12:55-3:15 Sat 11:20-12:55-3:15 Sun-Thu 12:55-3:15
Le film LEGO 3D (G) Fri-Thu 5:35-7:50-10:10
Gnomeo and Juliet (STC) Sat 11
Gnoméo et Juliette (STC) Sat 11
Jack Ryan: Shadow Recruit (13+) Fri-Sun 7:55-10:20 Mon 7:45-10:05 Tue 7:55-10:20 Wed-Thu 7:45-10:05
The LEGO Movie (G) Fri 12:50-3:15 Sat 11:30-12:50-3:15 Sun 12:50-3-3:15 Mon-Thu 12:50-3:15
The LEGO Movie 3D (G) Fri-Thu 5:40-7:55-10:15
The Metropolitan Opera: Prince Igor (STC) Sat 12:55
Miraculum (G) Fri-Thu 1:45-4:40-7:15-9:50
The Monuments Men (G) Fri 1:30-4:20-7:20-10:05 Sat 1:30-7:20-10:05 Sun 1:30-4:20-7:20-10:05 Mon 1:30-4:20-7-9:45 Tue 1:30-4:20-7:20-10:05 Wed 1:30-4:20-7-9:45 Thu 4:20-7-9:45 Star & Strollers Screening Thu 1:30
Non-Stop (13+) Fri-Sun 12:45-3:05-5:35-8-10:30 Mon 12:45-3:05-5:25-7:45-10:10 Tue 12:45-3:05-5:35-8-10:30 Wed 12:45-3:05-5:25-7:45-10:10 Thu 8-10:20 Thu 12:45-3:05-5:25
Opération noisettes (G) Fri 1:15-3:30-5:45 Sat 11:10-1:15-3:30-5:45 Sun-Thu 1:15-3:30-5:45
Pompeii 3D (G) Fri-Sun 12:55-3:15-5:35-8-10:30 Mon 12:55-3:15-5:35-7:50-10:10 Tue 12:55-3:15-5:35-8-10:30 Wed-Thu 12:55-3:15-5:35-7:50-10:10
RoboCop (G) Fri 1:50-4:40-7:30-10:15 Sat 11:15-1:50-4:40-7:30-10:15 Sun 1:50-4:40-7:30-10:15 Mon 1:50-4:40-7:20-10 Tue 1:50-4:40-7:30-10:15 Wed-Thu 1:50-4:40-7:20-10 Fri 1:20-4:10-7-10 Sat 10:50-1:20-4:10-7-10 Sun 1:20-4:10-7-10 Mon 1:20-4:10-7-9:45 Tue 1:20-4:10-7-10 Wed-Thu 1:20-4:10-7-9:45
Sans-Arrêt (13+) Fri 2:35-5:10-7:40-10:10 Sat 12:10-2:35-5:10-7:40-10:10 Sun-Thu 2:35-5:10-7:40-10:10
Son of God (STC) Fri-Sun 12:50-4-7:10-10:20 Mon 12:50-3:45-6:45-9:45 Tue 12:50-4-7:10-10:20 Wed-Thu 12:50-3:45-6:45-9:45
That Awkward Moment (13+) Fri-Thu 9:35
The Wolf of Wall Street (16+) Fri 1:15-5-8:45 Sat-Sun 5-8:45 Mon-Tue 1:15-5-8:45 Wed 1:15-9 Thu 12:45-4:20

Barrhaven Cinemas
131 Riocan Dr.

300: Rise of an Empire 3D (18A) Thu 8
Endless Love (PG) Fri 9:30 Sat-Sun 4:15-9:30 Mon-Thu 4:55
Gnomeo and Juliet (G) Sat 11
The LEGO Movie (G) Sat-Sun 11:30-2
The LEGO Movie 3D (G) Fri 7:10-9:40 Sat-Sun 4:35-7:10-9:40 Mon-Thu 4:35-7:10
The Metropolitan Opera: Prince Igor (STC) Sat 12
The Monuments Men (PG) Fri 7:20-10 Sat-Sun 12:50-3:50-7:20-10 Mon-Thu 4:50-7:40
Non-Stop (PG) Fri 7:35-10:15 Sat-Sun 11:50-2:25-5-7:35-10:15 Mon-Thu 4:45-7:15 Star & Strollers Screening, Thu 1
Philomena (PG) Fri 7:40-10:10 Sat 12:10-7:40-10:10 Sun 12:30-2:50-5:15-7:40-10:10 Mon-Wed 5:10-7:45 Thu 5:10
RoboCop (PG) Fri 7-9:55 Sat-Sun 1:20-4:10-7-9:55 Mon-Thu 4:40-7:25 Star & Strollers Screening Thu 1
Son of God (PG) Fri 6:40-9:50 Sat-Sun 12:20-3:30-6:40-9:50 Mon-Thu 4:30-7:30
That Awkward Moment (14A) Fri-Sat 6:50 Sun 1:40-6:50 Mon-Thu 7:35

SilverCity
2385 City Park Dr.

12 Years a Slave (14A) Fri-Thu 1:15-4:30-7:45-10:45
3 Days to Kill (PG) Fri 12-2:40-5:20-8:15-10:50 Sat 11:45-2:40-5:20-8:15-10:50 Sun-Tue 12-2:40-5:20-8:15-10:50 Wed 5:20-8:15-10:50 Thu 12-2:40-5:20-8:15-10:50 Star & Strollers Screening Wed 1
300 Marathon (STC) Thu 7
300: Rise of an Empire — An IMAX 3D Experience (18A) Thu 10:20
About Last Night (14A) Fri-Thu 12:45-3:25-5:50-8:20-10:45
American Hustle (14A) Fri 12:40-3:50-7:10-10:25 Sat 3:50-7:10-10:25 Sun-Tue 12:40-3:50-7:10-10:25 Wed 12:40-3:50-10:25 Thu 12:40-3:50-7:10-10:25
Concert: Kaas Chante Piaf (STC) Sun 12:55 Wed 7
Endless Love (PG) Fri 12:05-2:35-5:10-7:40-10:15 Sat 12:05-2:35-5:15-7:40-10:15 Sun 5:10-7:40-10:15 Mon-Tue 12:05-2:35-5:10-7:40-10:15 Wed 5:10-7:40-10:15 Thu 12:20-3:30-10:40 Star & Strollers Screening Wed 1
Gnomeo and Juliet (G) Sat 11
The Hobbit: The Desolation of Smaug 3D (PG) Fri 2:10-6-9:30 Sat 6-9:30 Sun-Tue 2:10-6-9:30 Wed 2:10-9:50 Thu 2:10-6-9:30
The LEGO Movie (G) Fri 1:20-3:55-6:30 Sat 11-1:20-3:55-6:30 Sun-Thu 1:20-3:55-6:30
The LEGO Movie 3D (G) Fri 11:50-2:20-4:55-7:30-9:55 Sat 11:50-2:20-5:10-7:35-9:55 Sun-Wed 11:50-2:20-4:55-7:30-9:55 Thu 11:50-2:20
The Metropolitan Opera: Prince Igor (STC) Sat 12
The Monuments Men (PG) Fri 1:40-4:50-7:50-10:35 Sat 11:05-1:40-4:50-7:50-10:35 Sun-Thu 1:40-4:50-7:50-10:35
Non-Stop (PG) Fri-Thu 12:15-2:50-5:25-8-10:40
Pompeii 3D (PG) Fri-Thu 12:10-2:55-5:30-8:05-10:35
Ride Along (14A) Fri-Thu 9
RoboCop (PG) Fri 1:55-5:05-8:10-10:50 Sat 11:10-1:55-5:05-8:10-10:50 Sun-Thu 1:55-5:05-8:10-10:50
Romeo and Juliet (STC) Thu 7
Son of God (PG) Fri 1-4:10-7:20-10:20 Sat 1-4:10-7:20-10:30 Sun-Thu 12:55-4:05-7:15-10:15
Stalingrad: An IMAX 3D Experience (14A) Fri-Wed 1-4-7-10 Thu 1-4-7
That Awkward Moment (14A) Fri 1:05-3:35-5:55-8:25-10:40 Sat 12:25-5:55-8:25-10:40 Sun-Thu 1:05-3:35-5:55-8:25-10:40
The Wind Rises (PG) Fri-Tue 12:20-3:30-6:45-10:05 Wed 12:20-3:30-6:45-10:40 Thu 12:20-3:30-6:45-10:05

Landmark Theatres Orleans 6 Cinemas
3752 Innes Rd.

3 Days to Kill (PG) Fri 3-6-9:10 Sat-Sun 12-3-6-9:10 Mon 6:15-9 Tue 12-3-6-9:10 Wed-Thu 6:15-9
300: Rise of an Empire (18A) Thu 8
About Last Night (14A) Fri-Sun 6:40-9:20 Mon 7:10-9:40 Tue 6:40-9:20 Wed-Thu 7:10-9:40
Endless Love (PG) Fri 7:15-9:50 Sat-Sun 1:15-7:15-9:50 Mon 6:50-9:35 Tue 1:15-7:15-9:50 Wed-Thu 6:50-9:35
Le film LEGO (G) Fri-Sun 4:20 Tue 4:20
Frozen (G) Fri 3:45 Sat-Sun 12:45-3:45 Tue 12:45-3:45
The LEGO Movie (G) Fri 3:30-6:15-9 Sat-Sun 12:30-3:30-6:15-9 Mon 6:10-8:45 Tue 12:30-3:30-6:15-9 Wed 6:10-8:45 Thu 6:10
The LEGO Movie 3D (G) Fri 4-6:45-9:40 Sat-Sun 1-4-6:45-9:40 Mon 6:40-9:15 Tue 1-4-6:45-9:40 Wed 6:40-9:15 Thu 8:45
The Monuments Men (PG) Fri 3:10-6:10-9:15 Sat-Sun 12:10-3:10-6:10-9:15 Mon 6-8:50 Tue 12:10-3:10-6:10-9:15 Wed-Thu 6-8:50
Non-Stop (PG) Fri 4:15-7-9:45 Sat-Sun 1:30-4:15-7-9:45 Mon 7-9:45 Tue 1:30-4:15-7-9:45 Wed-Thu 7-9:45
Pompeii (PG) Fri-Sun 4:30 Tue 4:30
Pompeii 3D (PG) Fri 7:20-10:05 Sat-Sun 1:20-7:20-10:05 Mon 6:45-9:20 Tue 1:20-7:20-10:05 Wed-Thu 6:45-9:20
RoboCop (PG) Fri 4:10-7:10-10 Sat-Sun 1:10-4:10-7:10-10 Mon 6:20-9:10 Tue 1:10-4:10-7:10-10 Wed-Thu 6:20-9:10
Son of God (PG) Fri 3:15-6:30-9:30 Sat-Sun 12:15-3:15-6:30-9:30 Mon 6:30-9:30 Tue 12:15-3:15-6:30-9:30 Wed-Thu 6:30-9:30

Look perfect on the red carpet

Life as an A-list actress. From finding the right dress to erasing wrinkles and losing those extra pounds, getting Oscar-ready is a months-long affair

JOHN MACKAY
For Metro Canada

Puffiness! Breakouts! Bulges! If these are the nightmares that A-list actresses have on the nights leading up to the Oscars, they can be forgiven. They're only going to be seen by ... oh ... several hundred million people in 225 countries. No surprise that weeks, if not months, go into getting Oscar ready. Here's how it happens.

First, amass the troops. Have wardrobe stylist, tailor, hair stylist, makeup artist, dermatologist, aesthetician, nutritionist, personal trainer, massage therapist, manicurist and, since this is Hollywood, psychotherapist, scheduled and at the ready.

"The prepping can start months before the awards," says celebrity hair and makeup artist Sheri Stroh. "They'll get rolling with a diet and exercise protocol and meet with their stylist, who starts looking for the perfect dress."

Dermatologists and aestheticians, always on speed dial, come next, to perfect skin that's likely near perfect to begin with. But there's collagen to stimulate, pores to shrink and wrinkles to erase. Microdermabrasion, oxygen facials, LED light treatments and more — those high-definition cameras are merciless. And your Botox can always use a top-up.

Two weeks prior, get your hair cut and coloured. And how's your dress coming along? "It has to be the perfect dress that defines the celebrity's style," explains L.A. stylist Alissia Marciano.

By now you've picked out your dress — and your backup dress — and you've had more than one fitting. "Remember," Marciano says, "it has to fit you like a glove." Time to begin your juice fast. And schedule your spray tan.

The day's arrived, but don't worry, this is the easy part. Already carb-free and as cleansed, toned and taut as those three months of daily workouts will allow, do a little yoga to relax and then greet your team at the door. Try on your dress one last time. The tailor will cut and reshape it and can always sew you into the dress if need be.

While security men deliver the diamonds, let your hair stylist, makeup artist and manicurist get to work. What to eat today? Nothing! Well, maybe a little bowl of detox soup, but please, no salt or caffeine, you don't want to bloat — there's only so much Spanx can do.

Finally, it's 4:30 p.m. in L.A. and your car is here. You're dressed, accessorized and made up, waiting while your stylist scrapes the bottom of your shoes with a knife — those red carpets can be slippery.

Get into the car oh-so-carefully and sit very still on your drive to Hollywood's Dolby Theatre. But relax! You'll be on and off that 500 feet of red carpet before you know it.

Amy Adams in 2013. GETTY IMAGES

Looking sharp

But what about the men?

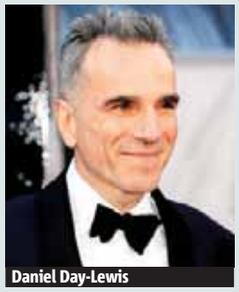
While an Oscar bound actor has it easy in comparison, there's a good chance the tuxedo he chooses will make the morning news.

At Sunday's Oscars you'll see a little of everything: shawl collars, peaked lapels, single- and double-breasted, bow ties, straight ties. And as per usual you'll see a few really big mistakes from actors who insist on standing out as if just being at the Oscars isn't standing out enough.

Last year Daniel Day-Lewis topped the best dressed list in a midnight blue shawl-collared tux and Chris Pine scored big sartorial points in his black custom tailored double-breasted tux.

But all the tailoring in the world can't make a guy look comfortable in formal dress. It's about confidence. While George Clooney makes it look smooth and easy, Ben Affleck always looks like a man in distress.

JOHN MACKAY



Daniel Day-Lewis

Ben Affleck

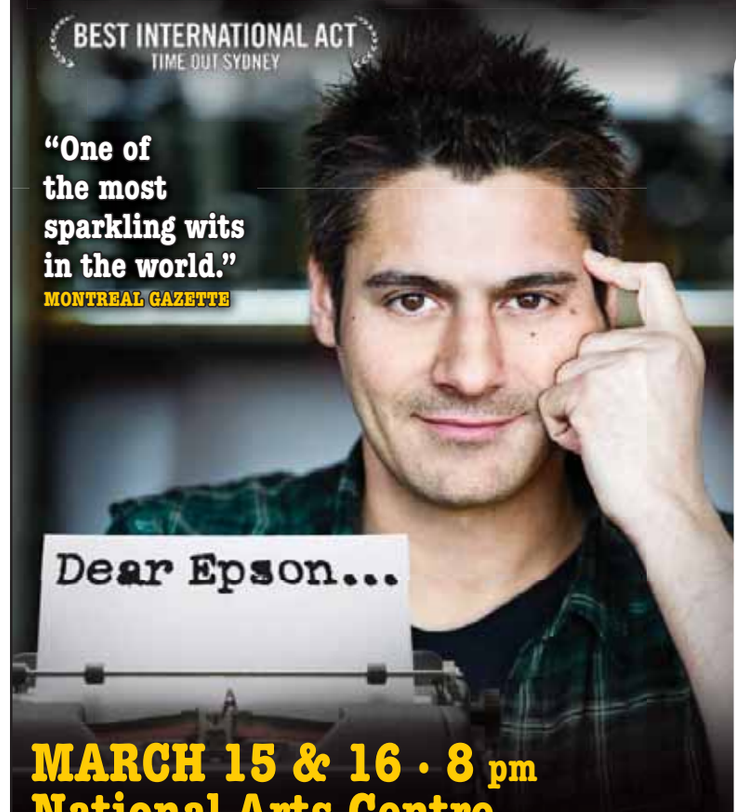
Chris Pine

THE METRO NEWS JUST FOR LAUGHS DANNY BHOY CONTEST

DANNY BHOY

BEST INTERNATIONAL ACT
TIME OUT SYDNEY

"One of the most sparkling wits in the world."
MONTREAL GAZETTE



MARCH 15 & 16 · 8 pm
National Arts Centre

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ticketmaster.ca

club metro

You could win front row tickets and a

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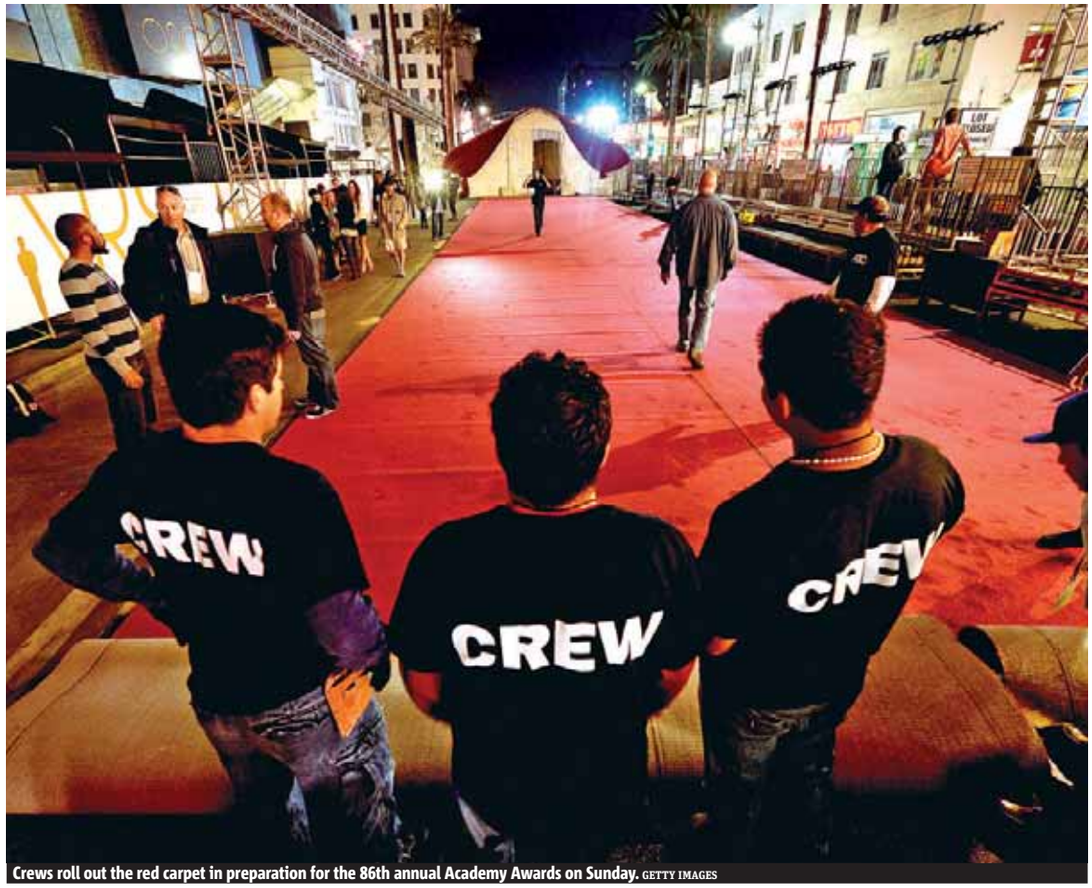
The end of the annual film calendar is nearly upon us, with the 86th Academy Awards set for Sunday evening on CTV and CTV.ca. Here's a sample of what to expect on Hollywood's biggest night.

NED EHRBAR
Metro World News in Hollywood

Did you know

- Meryl Streep's nod for best actress in August: Osage County marks her 18th Oscar nomination, breaking the record for most nominations earned by an actor or actress, previously held by ... Meryl Streep.
- If Jennifer Lawrence wins for best supporting actress in American Hustle she'll become the youngest person to win two acting Oscars. She'd also be the first actress to win back-to-back awards in different categories and with the same director.
- This year marks only the second time that Pixar has released a film (Monsters University) that hasn't earned a best animated picture nomination. The first was 2011's Cars 2.
- Best actor nominee Leonardo DiCaprio and best actress nominee Amy Adams are currently tied at five career nominations and zero wins each.
- With his nomination for The Book Thief's soundtrack, John Williams extends his ridiculous lead as the living person with the most Oscar nods, at 49. If you factor in the deceased, he's catching up to 60-time nominee Walt Disney.
- Frozen composer Bobby Lopez, one of the songwriters nominated for best song favourite Let It Go, would become the 12th person in show business history to achieve the EGOT — winning an Emmy, a Grammy, an Oscar and a Tony.
- Ellen DeGeneres reprises her role as the ceremony's host, following her last turn at the gig in 2007. She's got a long way to go to get into the record books though, as Bob Hope holds the lead with 19 hosting appearances.



Crews roll out the red carpet in preparation for the 86th annual Academy Awards on Sunday. GETTY IMAGES

Your guide to the Oscars

86th Academy Awards. Here's what to look out for during Sunday's ceremony, hosted by Ellen DeGeneres

Returning producers Neil Meron and Craig Zadan say the theme for this year's Oscars is a salute to heroes and heroines of all stripes, celebrating everything from Norma Rae and Captain Phillips to Harry Potter and the Ghostbusters. There will also be a segment celebrating the 75th anniversary of the Wizard of Oz.

Music will be a big part of the ceremony, which is great considering so many big names are nominated in the best song category and performances of the nominated songs were skipped altogether in 2010 and 2012.

U2 (Mandela: Long Walk to Freedom), Pharrell Williams (Despicable Me 2), Karen O (Her) and Idina Menzel (Frozen) will all take the stage, as will Pink and Bette Midler for other performances.

But host DeGeneres has already insisted that she herself won't be singing, unlike last year's host, Seth MacFarlane.

With 46 famous faces presenting over the course of the night, it's going to be a busy stage. Presenters include previous winners like Jennifer Lawrence, Christoph Waltz, Kevin Spacey and Angelina Jolie, plus popular names like Zac Efron, Channing Tatum and Kristen Bell. One we're definitely excited about is Vertigo star Kim Novak, making a rare public appearance at the ceremony.

This marks the 13th year the Oscars have been presented in the same venue, though the name has changed. What was the Kodak Theatre up until 2011 is now known as the Dolby Theatre.

And if the ceremony feels long, just be thankful it's not 2000 anymore. That year, the proceedings clocked in at a whopping four hours and four minutes, while they generally average around three-and-a-half hours long. The first Oscars in 1929, by the way, lasted 15 minutes. If only.

Last-minute predictions

We're going ahead and calling most of the races all locked up, but there is still room for surprises. Best supporting actress and best picture seem particularly hard to pin down. But we're pinning them down anyway! If you win your office pool with this, we get a cut, OK?

- **Best Picture:** 12 Years a Slave
- **Best Director:** Alfonso Cuarón, Gravity
- **Best Actor:** Matthew McConaughey, Dallas Buyers Club
- **Best Actress:** Cate Blanchett, Blue Jasmine
- **Best Supporting Actor:** Jared Leto, Dallas Buyers Club
- **Best Supporting Actress:** Lupita Nyong'o, 12 Years a Slave
- **Best Original Screenplay:** Spike Jonze, Her
- **Best Adapted Screenplay:** John Ridley, 12 Years a Slave
- **Best Cinematography:** Gravity
- **Best Original Score:** Steven Price, Gravity

A few good reads

The books behind the films

If you're looking for some good reading material, the Academy's best adapted screenplay category is a good place to start, but you'll be searching bookstores in vain for the book behind Before Midnight. The screenplay for the movie is an adaptation because it's based on the characters from previous films Before Sunrise and Before Sunset. Still, you can always cozy up with these:

• A Captain's Duty: Somali Pirates, Navy SEALs and Dangerous Days at Sea, the book by Richard Phillips (with co-writer Stephan Talty) became Captain Phillips, with Tom Hanks stepping in to portray Phillips' hijacking by Somali pirates.

• The Lost Child of Philomena Lee by Martin Sixsmith obviously became Philomena, starring Dame Judi Dench as Lee and Steve Coogan as former BBC presenter Sixsmith.

• 12 Years a Slave, the harrowing 1853 memoir of Solomon Northup, was originally published with the subtitle "Narrative of Solomon Northup, citizen of New York, kidnapped in Washington city in 1841, rescued in 1853 from a cotton plantation near the Red River in Louisiana," which, honestly, is a total spoiler.

• Reading Jordan Belfort's own accounts of his exploits in the memoir The Wolf of Wall Street might help illuminate why the film's chronicle of bad behavior seemed so infatuated with its subject, who earned a tidy $1 million for the movie rights.

• Over in the best documentary category, you can pick up Jeremy Scahill's Dirty Wars: The World is a Battlefield if you want to learn more about the nominated film Dirty Wars.

And the Oscar for best cocktail goes to ...

It's an unusually crowded field for this year's best picture contest, but thankfully our vice isn't gambling. Instead, we raise a glass to three of our favourite 2013 nominees. Serve these and everyone goes home a winner!

TEXT BY JOE HOWELL, PHOTOGRAPHY BY JOANNA BALCERAK

I'm the Captain Now

- 1 oz Captain Morgan Dark Rum
- 1 oz Sailor Jerry Spiced Navy Rum
- 4 oz ginger beer
- 3 lime wedges
- 2 dashes Angostura Bitters

Build in a Collins glass with ice.

We salute Captain Phillips with this take on a seaworthy classic, the Dark 'n' Stormy. Originally just rum and ginger beer, the drink hails from the heyday of the Royal Navy, when sailors got a daily ration of rum and the Navy opened a ginger beer plant in Bermuda, purportedly to wean those same sailors off the hard stuff. Of course, the scallywags just combined the two instead.

The Russian Satellite

- 1.5 oz Stolichnaya Vodka
- .75 oz Kahlúa
- .25 oz pure lemon juice
- 2 dashes Bittermens Xocolatl Mole Bitters
- 1 dash Fernet Branca
- White tapioca pearls

Shake and strain into a brandy snifter, pack with ice, and scatter pearls on top.

The famous Black Russian — simply vodka and Kahlúa — is older than the space station Mir before they finally decommissioned the space wreck. In this twist we hail Gravity: the cocktail is still sweet and likeable, but thanks to the lemon and Fernet has a bit of edge, like George Clooney in pretty much all his roles.

The Bamboozeler

- 1.5 oz pineapple juice
- 1 oz coconut cream
- .75 oz Appleton VX
- .75 oz Malibu Rum
- 75 oz Blue Curaçao
- .50 oz lime juice

Shake hard with ice and strain into a stemmed martini glass. Garnish with a homemade cocktail umbrella.

"I don't care, I break the rules," says Bradley Cooper in American Hustle. With its neon hue and garish garnish, this libation definitely disregards modern cocktail conventions. But in the era of Hustle, sexy, gaudy drinks were de rigueur.

COCKTAILS BY JOE HOWELL, HEAD BARTENDER AT THE SPOKE CLUB. COME TOGETHER AT THESPOKECLUB.COM.

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This band of jet-setters is on fire

Haiti to Hollywood.
Worlds clash for Arcade Fire as band prepares for 'mind blow' at the Oscars

Arcade Fire is heading to Los Angeles in time for the Academy Awards, where band member Will Butler and frequent Arcade Fire collaborator Owen Pallett will be up for a best original score Oscar. THE ASSOCIATED PRESS FILE

Win and Will Butler of Arcade Fire aren't your average brothers.

Sure, they spent their youngest years at odds, as brothers will. But early on they discovered something that would inform the rest of their lives as creative partners at the heart of one of rock 'n' roll's most creative and single-minded bands.

"I left the house when I was 15 to go to boarding school and would come back in the summers, and I started to realize he's the only person I related to in the whole everywhere," Win Butler, 33, said. "There's not too many people in the world where you literally have the exact same influences, so we kind of developed this language to work together where it's really easy."

"That doesn't mean we see everything identically," Will Butler, 31, said. "But it means that, certainly in artistic endeavours, there's a bit more empathy and compassion for each other because we see where they're coming from. And we tend to agree more than two random musicians would."

That relationship is at the heart of Arcade Fire's success and creativity, something that is on full display this week as the Grammy Award-winning group flies from one end of the continent to the other, and back. In the space of three weeks, Arcade Fire members will have played in a Mardi Gras parade while in New Orleans, played The Tonight Show, performed in Haiti, and then returned home to Montreal for two days to pack for a trip to Los Angeles and the Academy Awards, where Will Butler is up for best original score for his work with Owen Pallett on Her.

"Normally when I come back from Haiti, I just look at all the power lines and streets and road signs and I'm just, 'Wow, look at all this infrastructure,'" Win Butler said. "I'm kind of in a daze the first couple of days when I get back to North America. But going from Haiti to the belly of the beast (at the Oscars) is going to be something of a mind blow."

After the show, the group flies directly to Louisville, Ky., for rehearsals and the launch of a summer-long North American tour, interspersed with European festival dates. Add to the hectic mix the birth of a son to Win Butler and his wife and bandmate Régine Chassagne.

The intense workload since the six-piece began recording Reflektor last year has required the kind of teamwork the brothers and their band have perfected since Will and Win began writing songs together growing up near Houston.

The band worked on Reflektor, the follow-up to the 2010 Grammy album of the year The Suburbs, and Spike Jonze's best-picture-nominated film in parallel fashion. The album even contains a song proposed for the score that didn't make the film. They recorded Reflektor with James Murphy of LCD Soundsystem and Markus Dravs serving as producers, delivering an unpredictable but completely danceable record full of Haitian-influenced rhythms and reflective lyrics.

As both projects came to a simultaneous conclusion, Will Butler took over supervisory duties on the score, working with Jonze and the band's frequent collaborator Owen Pallett. In one case the band was working together toward a shared vision. In the other, they were a contractor trying to match Jonze's needs.

"So that was very, very different," Will Butler said. "There's a lot less drums and a lot less vocals on the soundtrack. And our band is very good at drums and vocals."

THE ASSOCIATED PRESS

Band of brothers

"We kind of developed this language to work together where it's really easy."

Win Butler of Arcade Fire, on working with brother and bandmate Will Butler

Making arrangements for Her

Composer settles score

The morning Owen Pallett woke up to find out he was an Academy Award nominee, he felt thousands of miles away from the rigorous glamour of Hollywood's biggest night.

In one sense it was literal, as the Toronto native was across the world in New Zealand on tour with Arcade Fire. Pallett earned the nomination alongside the band's Will Butler for their work on the chilly, elliptical score to Spike Jonze's Her. But also, after a convivial evening of drinks with the band, Pallett sure didn't feel spotlight-ready.

"I kind of woke up with a touch of a hangover," he said with a laugh in a recent telephone interview.

Pallett says the honour feels "really good" and, surprisingly for the eloquent composer, he struggles to go much further than that. It's a "complicated feeling," he says.

Perhaps that's because he wasn't supposed to work on the score in the first place. Pallett says that Arcade Fire — the Montreal Grammy winners whose string arrangements Pallett has handled since their first record, Funeral — had been labouring over a score for about a year without his involvement.

"It seemed that Spike was not feeling the sort of futuristic approach to the score and wanted something that was a little bit more emotional," Pallett said.

That's where he came in "to close the deal, so to speak." His exclusion had been simply situational. He was in Toronto while the rest of the band was in Montreal. So when he came to Quebec to help the band craft its fourth album, Reflektor, he got involved in the music for Her as well.

"A lot of it was interpreting what Spike wanted and translating it into music," he said. "I can't really stress enough just how collaborative the whole process was."

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Norma Bates' family may be troubled, but Vera Farmiga is doing just fine

Vera Farmiga, of Bates Motel, with Freddie Highmore, who plays her son on the show. MATT SAYLES/INVISION/THE ASSOCIATED PRESS FILE

Feeling positive

"At the beginning of season two, she thinks she's got her neuroses under control."

Vera Farmiga, star of Bates Motel, on her character's mindset

Season two

The second season of Bates Motel premieres Monday at 9 EST on A&E.

Bates Motel. Farmiga dishes on season two, Freddie Highmore and her children

In the television show Bates Motel, Vera Farmiga's character has a dysfunctional relationship with her future serial killer son Norman, played by Freddie Highmore. In reality, Farmiga says, she and Highmore share a much healthier bond: He's even her child's godfather.

Farmiga said Highmore immediately bonded with five-year-old Fynn in Vancouver, where Bates Motel is filmed and Farmiga and her family moved for the duration of the series. The Oscar-nominated actress said Highmore, whose family is in London, has become something of a surrogate son himself, playing swords and Legos with Fynn on the weekends.

Farmiga, who also has a three-year-old daughter with her husband, musician Renn Hawkey, said Highmore has become such a fixture in Fynn's life that she and her husband decided it's "a relationship that deserves the title."

On screen, though, the relationship will not go as smoothly between Farmiga's character, Norma Bates, and her son in season two of A&E's modern-day Psycho prequel. Farmiga says Norma seems optimistic at the start of the season despite the violent and deadly encounters of season one, her reveal that she was sexually abused as a child and the question of whether Norman murdered his high school teacher.

"At the beginning of season two, she thinks she's got her neuroses under control," Farmiga said in a recent interview.

Norma is also open to romance again, with Michael Vartan (Alias) joining the show as her love interest.

Norma, the actress said, doesn't think she has any choice but to persevere.

"You're a single mother of this child that you feel is potentially unraveling," she said of Norman, who maintains his newfound interest in taxidermy in the hotel basement.

Anyone familiar with Psycho knows this is a story that doesn't end well, and Farmiga said despite Norma's attempt to put a positive spin on their lives, the situation quickly worsens. Farmiga said the teacher's death "is a big source of this orientation and terror for Norman, which in turn Norma will try to sort of solve."

And despite an upturn in business at the Bates Motel, work begins on that pesky bypass road that threatens to divert traffic away and Farmiga noted that "there's still a stigma attached to the property." Ever the optimist, Norma sets out to change people's minds and that means going into the community, and, Farmiga said, "That's going to be challenging for Norma."

THE ASSOCIATED PRESS

A modern take on Middlemarch

Rebecca Mead. New memoir chronicles the effect the classic George Eliot novel has had on a New York writer's life

George Eliot's Middlemarch may have been published almost 150 years ago, but it's suddenly having a moment thanks to New Yorker writer Rebecca Mead.

Mead's new memoir, My Life in Middlemarch, examines how the classic novel has affected her life. In the process, it appears to have drawn new readers to Eliot's masterpiece.

"One of the happy side effects of writing this book for me is that it's leading people to read Middlemarch who haven't read it," Mead said in a recent interview, noting that Eliot's weighty tome is suddenly a hot seller on Amazon.

"I hope that you'll read Middlemarch (after reading my book), or that you'll want to."

Eliot's sprawling tale, which touches on themes of marriage, money and idealism, first made an impact on Mead when she was a 17-year-old growing up in England. At the time, she was drawn to the character of the young gentlewoman Dorothea Brooke.

"She wants to have a more significant life. She wants an intellectual life. She doesn't really know what she wants but she knows she wants something more than just marrying the baronet next door," said Mead, 47.

"And I was trying my hardest to get out of my provincial town, trying to get into Oxford University when nobody in my family had ever gone before ... this character who wants something similar spoke to me very, very vividly."

In her 20s, when Mead was living in New York City, working as a journalist and wondering if she would get married, a re-reading of Middlemarch had her pondering the relationships in the novel.

Later on in her career when she revisited Eliot's book, she found herself relating to the character of Tertius Lydgate, an aspiring doctor who ultimately compromises his professional ideals.

"That story of how can it all go wrong and how can you lose your ideals.... You wanted to cure cancer and you end up shooting Botox into rich ladies," Mead said with a laugh.

As her 40s hit, Mead said, Middlemarch struck a chord in terms of "the resignation and limitations that you start to feel settling in upon you when you are entering middle age and thinking of things you have not done and are never going to do."

Such personal revelations are traced in My Life in Middlemarch, although it is by no means a tell-all memoir.

"I didn't know how much memoir there was going to be until I was writing it, what balance would feel (right)," said Mead.

"It takes a certain kind of leap of confidence or 'not caring' to reach a point where you say: 'All right, I'm going to write about me and my life ... and I've spent 20, 25 years writing about people who aren't me ... so there was something to get over in that undertaking. But once I did it, it was really fun."

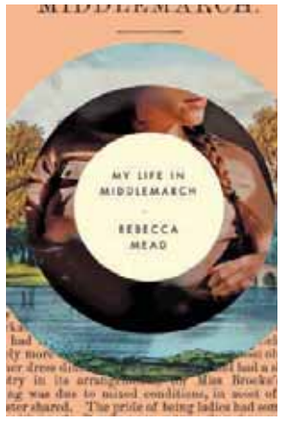
While it may seem like a leap of faith to write a memoir about a meaty classic novel in an era of dwindling book sales and reduced attention spans, Mead still believes there are a lot of avid readers in the world.

And she's hoping her memoir may bring a few of them to Eliot, who she believes, deserves the kind of respect popular culture has recently afforded to Jane Austen.

"(Eliot) is at one time widely acknowledged to have written what may be the best novel in the English language ... but I think people who love her and people who love this book ... we feel a little bit as though she's not appreciated as much as she should be," said Mead.

"For anybody that has loved Jane Austen, she's like a gateway drug.... (Eliot is) the next step for anyone who loves that kind of thing but doesn't know where to go next." THE CANADIAN PRESS

Love of literature



"One of the happy side effects of writing this book for me is that it's leading people to read Middlemarch who haven't read it."

Writer Rebecca Mead on her new memoir My Life in Middlemarch

Writer Rebecca Mead. COURTESY ELIZABETH PROCHNIK

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METRO DISH

OUR TAKE ON THE WORLD OF CELEBRITIES

The Word

Girls star Driver tipped to play new Stars Wars VII villain

MELINDA TAUB
Metro World News

Some days, it's good to have a face like a handsome alien. Adam Driver, the Girls star who looks like the love child of sexy and weird, is putting those unconventional good looks to excellent use: He's close to signing a deal to play a villain in the upcoming Star Wars: Episode VII, according to Variety. Sources say his character will be in the vein of Darth Vader.

Apparently, the only hold-up was his Girls shooting schedule, but surely Hannah and Marnie's Brooklynite fretting is no match for the power of the Force. Although breathless casting rumours have swirled around just about every Hollywood male since the J.J. Abrams-directed reboot was announced, nothing has been confirmed yet, including for Driver — not by the Star Wars people, anyhow. Driver's co-star and boss Lena Dunham seems pretty sure he's got the job.

"We're VERY proud of Adam Driver re: Star Wars. He's about to rip a hole in da force. Is that a thing? I guess I should see those movies?" she tweeted on Feb. 26.

OK, maybe she's not totally sure, because she followed that up with a second tweet: "I confirm nothing bc I know nothing bc I'm on a plane with my dad! I just like Adam more than almost anyone, and JJ Abrams a whole lot too."

It's a good week for the Girls gang: another one of Driver's co-stars, Allison Williams, just got engaged to boyfriend Ricky Van Veen, who is a co-founder of the comedy website CollegeHumor.

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Dalai Lama

Who's least likely to watch the Oscars? His Holiness the Dalai Lama

Sorry, Hollywood, but the Dalai Lama won't be watching you celebrate at the Academy Awards this weekend. The Tibetan spiritual leader admits to the Huffington Post that he hasn't watched a Hollywood film in a long, long time. "In the early period, yes, I watched films. Over the last 20 years, not much," he says. "Looking at the television, like that, I think it's really bad for my eyes. And also, it's a waste of time."

No Patton the back for Thicke after MTV grind

There was plenty of outrage about Robin Thicke and Miley Cyrus' aggressively sexual routine at the MTV Video Music Awards back in August, and apparently Paula Patton was among those put off by the grinding and gyrating.

A source tells Us Weekly that the risqué performance left Patton feeling "utterly disrespected" and was a key factor in her decision to separate from Thicke after nine years of marriage. In fact, the pair reportedly got into a screaming match over the stunt.

Paula Patton

David Arquette ALL PHOTOS GETTY IMAGES

Arquette wants his son to be a space cadet, but that doesn't fly with mom-to-be

There's one name David Arquette's expectant girlfriend will not allow for their baby boy: Astro. Arquette and TV personality Christina McLarty have a baby due in May, and the actor offered up his choice of name, only to have it dismissed.

"I did want to name him Astro," Arquette said in a recent interview. The actor said he thought Astro Arquette was an amazing name. But, he said, it just "didn't fly" with McLarty. Arquette said his 10-year-old daughter Coco — with ex-wife Courtney Cox — is excited about the arrival of her baby brother. The actor said the one thing Coco is insisting is that the baby "absolutely worships" her.

He also said his daughter is already poised to follow in his parents' show business footsteps. "Coco loves acting herself and she loves the fact that we do what we do," said Arquette, who also pointed out that his daughter loves singing. "So, I think she's pretty much exactly how all of us on my side of the family were raised: in it essentially."

The actor's Emmy-winning sister, Patricia, said in a 2009 interview that their father, mother and grandparents were actors. She said growing up, she and her siblings, Rosanna, Alexis and Richmond were "constantly playing this kind of fantasy, role-playing, emotional games."

They did puppet shows and their parents taught them how to create stories. David Arquette spoke while promoting his TV movie Happy Face Killer about the hunt and capture of Canadian serial killer Keith Jesperson that airs on the Lifetime network on March 1.

THE ASSOCIATED PRESS

Twitter

@mindykaling
Anytime I start thinking I'm cool the smoke detector in my bedroom starts chirping unrelentingly and I have to go sleep in my guest bedroom

@katyperry
Finally you can add "helps delivers babies in living rooms" to my resume! It's been a miracle of a day

@TheEllenShow
Jennifer Lawrence is only 23 and she already has 3 Oscar nominations. When I was 23 I had 3 prison pen-pals.

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For the first time in years I can say I've seen most of the movies nominated for the Best Picture Oscar. Sadly, not one of them speaks to the wine community.

It looks like I'll have to wait until The Billionaire's Vinegar, the story of the world's most expensive bottle of wine, hits theatres. Brad Pitt is set to star.

If you're wondering what my favourite wine movies are, here are my top picks:

Sideways: The brilliant Academy Award winner that made pinot noir a superstar.

Bottle Shock: Upstart Americans take on the French in a sniff, swirl and spit contest that ... well, I won't ruin the ending.

A Good Year: Russell Crowe inherits a French winery in Provence and his ego gets crushed just like his grapes.

Somm: A doc that will have you shedding a tear at the trials and tribulations of becoming a sommelier.

For me, the Oscars are an appetizer event and the refreshing varietal fruit of the Fat Bastard 2012 Chardonnay ($13.46 - $15.99) makes for a food-friendly date to the big show. **PRICES REFLECT RANGE ACROSS THE COUNTRY. SOME PRODUCTS MAY NOT BE AVAILABLE IN ALL PROVINCES.**

Nothing cures the winter blues like comfort food. Bestselling Australian chef Donna Hay shows us how, with a hearty slow-roasted lamb recipe from her cookbook Fast, Fresh, Simple.

Fancy with ease: Slow-Cooked Balsamic and Garlic Lamb

This recipe serves four. DONNA HAY

FAST, FRESH, SIMPLE
Donna Hay
gustotv.com

1. Preheat oven to 140 C (275 F).

2. Place the lamb, vinegar, stock, rosemary, garlic and sugar in a deep baking dish and cover with a tight-fitting lid. Bake for 3 hours.

3. Turn lamb and bake further 2 hours. Remove the lid, increase temperature to 180 C (350 F) and bake for 30 minutes or until the lamb has browned.

Ingredients

- 1 kg lamb shoulder, on the bone
- 1 1/3 cups (310 ml) balsamic vinegar
- 3 cups (750 ml) chicken stock
- 6 sprigs rosemary
- 8 cloves garlic
- 2 tbsp brown sugar

GustoTV

Australian chef Donna Hay is one of the great culinary masters airing on GustoTV. One of Canada's newest TV channels, Gusto features cooking and culinary travel shows each night, hosted by chefs and foodies from around the world, as well as here at home. For more details, check your local listings or visit gustotv.com.

4. Remove lamb from pan and keep warm. Pour pan juices over a bowl of ice and quickly remove the ice and the solidified fat with a slotted spoon. Place the pan juices into a small saucepan and bring to the boil.

5. Serve lamb with crispy roasted potatoes, steamed greens and pan juices.

WATCH DONNA HAY FAST, FRESH, SIMPLE MONDAY TO THURSDAY AT 6 P.M. EST ON GUSTO TV, CANADA'S NEW FOOD & LIFESTYLE CHANNEL. VISIT GUSTOTV.COM FOR FULL PROGRAM LINE-UP AND MORE GREAT RECIPE IDEAS.

Dessert

Standby Brownies

- 150 g butter
- 1 1/4 cups (275 g) caster (superfine) sugar
- 3/4 cup (75 g) cocoa
- 1 tsp vanilla extract
- 3 eggs
- 1/2 cup (75 g) plain (all-purpose) flour

Preheat oven to 160 C (325 F).

Place the butter, sugar and cocoa in a saucepan over low heat and stir until the butter has melted. Spoon into a bowl and add the vanilla and eggs, whisking well.

Sift the flour over the mixture and whisk to combine.

Spoon the mixture into a 20 cm-square cake tin lined with non-stick baking paper.

Bake for 30–35 minutes or until centre is just set. Cool in tin and cut into squares to serve. Makes 16. **DONNA HAY, GUSTOTV.COM**

Makes 16 brownies. DONNA HAY

Lunch. Caramelized Onion, Gorgonzola and Pumpkin Galette

Ingredients

- 450 g pumpkin, peeled and chopped
- 500 g store-bought short crust pastry
- 3/4 cup (240 g) store-bought caramelized onion relish
- 150 g gorgonzola, chopped
- sea salt and cracked pepper
- 16 sage leaves

1. Preheat oven to 200 C (400 F).

2. Steam the pumpkin until almost tender. Set aside to cool.

3. Divide pastry in half and roll each piece between 2 sheets of non-stick baking paper to a rough, 5 mm-thick round shape.

4. Line 2 baking trays with non-stick baking paper and place a pastry round on each. Top each pastry with the caramelized onion, leaving a 5 cm border. Sprinkle with Gorgonzola.

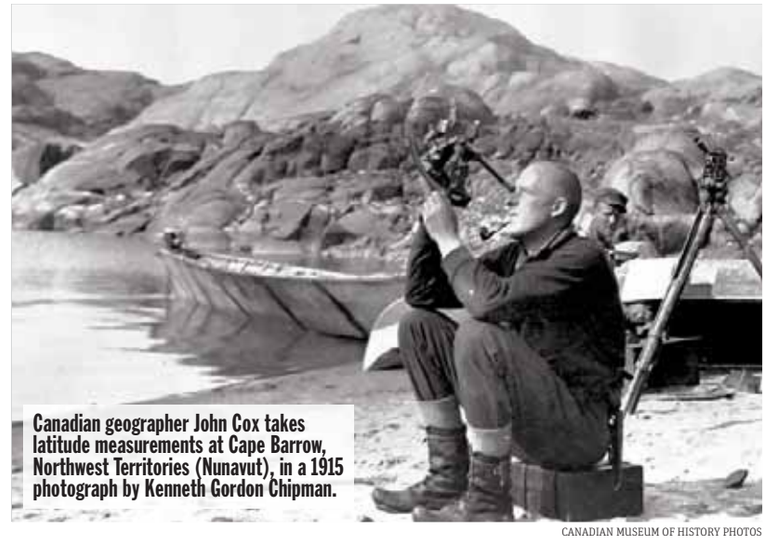
5. Place pumpkin onto galettes, sprinkle with salt and pepper and top with sage. Fold in the pastry to make a rough border. Bake 25 minutes or until pastry is golden and crisp and the pumpkin is soft.

DONNA HAY, GUSTOTV.COM

This recipe serves two. DONNA HAY

TRAVEL BACK IN TIME AT VARIOUS EXHIBITS

RELIVE THE PAST AT OTTAWA MUSEUMS

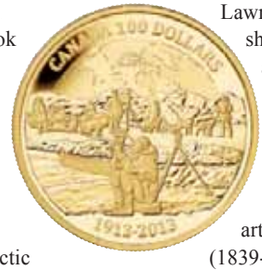


Canadian geographer John Cox takes latitude measurements at Cape Barrow, Northwest Territories (Nunavut), in a 1915 photograph by Kenneth Gordon Chipman.

CANADIAN MUSEUM OF HISTORY PHOTOS

Winter may be taking its time moving on from the Nation's Capital, but the spring exhibitions at Ottawa's museums are already coming into bloom.

Here are just a few to look forward to from March to May:



You can relive two journeys, one a historic success, one a tragic failure, at the Canadian Museum of History.

Celebrating Canada's Arctic (Feb. 28 to April 27) marks the centenary of the 1913-18 Canadian Arctic Expedition. See the three special coins released by the Royal Canadian Mint alongside the images and artifacts from the museum's collection that inspired their design.

Canada's Titanic — The Empress of Ireland (May 30 to April 6, 2015) takes you back to May 29, 1914, when the ocean liner collided on the foggy St. Lawrence with a Norwegian coal ship, costing 1,012 passengers and crew their lives. The exhibition includes the ship's bell and compass, as well as the diary of an eight-year-old survivor.

Nineteenth-century Haida artist Charles Edenshaw (1839-1920) takes a long-overdue bow at the National Gallery of Canada (March 7 to May 25). The exhibit features 80 diverse works, including carved platters and poles, by the acclaimed northwest coast artist.

The Canadian Museum of Nature is hopping with Frogs — A Chorus of Colours (until May 11). Check out the incredible variety of live specimens from around the world, from the huge goliath frog (weighing in at up to three kilos) to the tiny 1.5-centimetre Cuban tree toad. The exhibit includes kid-friendly activities, including frog calls, drawing and frog-themed mini golf.

An artistic double bill opens April 10 at the Canadian War Museum, with a focus on the First World War.

Transformations explores the works of two First World War soldiers, one Canadian (Group of Seven painter A.Y. Jackson) and one German (Otto Dix) and the effect of their experience of war on their landscape paintings at different stages throughout their lives.

Witness — Canadian Art of the First World War brings together 100 war-inspired works by 60 artists, some famous artists (Jackson, Arthur Lismer, Frederick Varley and Franz Johnston) and some ordinary soldiers expressing what they saw from the trenches. *– Steve Collins*

CONTRIBUTED

SUITE DREAMS AWAIT AT CARTIER PLACE

The Cartier Place Suite Hotel family tourist package offers an affordable and fun-filled experience in the winter land of Ottawa, including a complimentary pass for two adults to the Canadian Museum of Nature.

The Canadian Museum of Nature is just a short walk from the hotel where you can catch the penguins in 3D at the IMAX theatre or check out the special exhibition for Frogs — A Chorus of Colours, featuring a rainbow of frogs from around the world.

Stroll through the ByWard Market and stop by the National Art Gallery where you can check out the current special exhibition of Bringing it Home: Abstraction and the Painters Eleven.

The hotel is pet friendly, so bring the whole family.

Located in downtown Ottawa in a quiet residential area only one block from the historic Rideau Canal, all major attractions are within walking distance. Around the corner from the hotel is Elgin Street with its many shops and restaurants.

The hotel offers the perfect hospitality for families. Enjoy the convenience of a complete kitchen and living room in the one- or two-bedroom spacious suites. Or enjoy the indoor pool, hot tub, sauna, games and playroom. End your day with a wonderful family meal from Café Mezzaluna in the dining room or delivered to your suite.

Visit suitedreams.com or call 1-800-236-8399 to reserve your March break specials.

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Borneo-eared frog

Chinese gliding frog

PHOTOS COURTESY OF CLYDE PEELING'S REPTILAND

HOP OVER TO THE CANADIAN MUSEUM OF NATURE

Be sure to check out Frogs – A Chorus of Colours, an impressive exhibition of live frogs on view at the Canadian Museum of Nature until May 11. These delightful amphibians, all with their own intriguing personalities, are proving very popular with visitors of all ages.

Frogs are among the most visually stunning, vocally interesting, and diverse group of creatures on Earth. The 18 species in this show include poison dart frogs, tree frogs, tomato frogs, bullfrogs, horned frogs, toads and more. Look for each species in an attractively recreated native habitat, complete with plants, rock ledges, and waterfalls.

Full of great information and hands-on activities, this exhibition was produced by Clyde Peeling's Reptiland in Pennsylvania. To add to the fun, the Canadian Museum of Nature created a frog mini-putt and a series of Canadian frog calls that are activated with your own feet.

And while at the museum, visit the magnificent permanent galleries. Check out the countless fossils and amazing life-size dinosaur models in the Talisman Energy Fossil Gallery. See a 19-metre blue whale skeleton (only one of two on display in Canada) in the RBC Blue Water Gallery. Explore a limestone cave and feast your eyes on dazzling minerals and rocks in the Vale Earth Gallery. Fly on up to the Bird Gallery and enjoy the hundreds of feathered delights on display. Gaze at a grizzly bear and other awesome animals in the Mammal Gallery. Spot a tarantula and other marvellous crawlies in Animalium. And for some added fun, take in an action-packed 3D movie in the museum's theatre.

There is so much to discover at the Canadian Museum of Nature. The museum is located at 240 McLeod St. For hours, admission, and more information, visit nature.ca. Like the museum on Facebook, and follow on Twitter @museumofnature.

FUN FROG FACTS

- Frogs live almost everywhere, from tropical forests to the northern limits of the boreal forest, even in scorching deserts.
- Many frogs are more colourful than the most dazzling birds, and the largest can grow to the size of a human infant.
- Along with hopping and jumping, frogs can climb, walk, run, burrow, swim, and even glide through the air.
- Frog skin is covered with a cocktail of protective chemicals, and some may be useful in human medicine.

CANADIAN MUSEUM OF NATURE

A CHORUS OF COLOURS
Here until May 11 only!

There are frogs that hop, climb, run, swim — and even glide. One's as large as a toaster. They're all LIVE and waiting for you.

FACE TO FACE, YOU'LL BE AMAZED!

Frogs

canadian museum of nature
nature
musée canadien de la nature
240 rue McLeod Street, Ottawa
613-566-4700
nature.ca

Media partner:
THE GLOBE AND MAIL*

FROGS - A CHORUS OF COLOURS was created by Peeling Productions at Clyde Peeling's Reptiland.

Canada

DON'T LET COLD OR FLU SLOW YOU DOWN

HOW TO SAFEGUARD YOUR FAMILY

Sneezes, sniffles, or coughing fits can put a serious wrench into daily life.

Do you know the best ways to help prevent the flu? This year, help safeguard your family against illnesses with the following tips for cold and flu season.

BOOST YOUR IMMUNE SYSTEM

A healthy immune system is the best protection against cold and flu season. Keep your family's natural defences strong with these simple tactics:

• Avoid stress. Studies show that stress hampers your ability to stay healthy, especially during cold and flu season, so anything you can do to combat stress helps fight germs. Try taking a mini meditation break during the day — simply close your eyes and focus on breathing in and out for a few minutes.

• Get plenty of sleep. When you consistently log eight hours of sleep a night, your body has the chance to repair cells and build up your immune system.

• Eat right and exercise. Stock up on fruits and vegetables to give your body the nutrients it needs. Also, shoot for 30 minutes of moderate activity at least three times a week.

• Get a flu shot. Think of it as your secret weapon during flu season. It's approved for almost everyone older than 6six months. Consult your doctor to see if the whole family should be vaccinated.

FIGHT GERMS

When you keep germs away during cold and flu season, you can lower your odds of getting sick. Try these simple habits to help avoid stuffy noses and sore throats:

• Wash your hands. And talk to your children about why it's important to wash theirs. A typical hand washing — before a meal, after going to the bathroom, or anytime you cough, sneeze, or blow your nose — should last 20 seconds. It's roughly the time it takes to sing Happy Birthday twice in your head.

• Bring backup. Try sticking a bottle of hand sanitizer in your purse to fight germs when you are on the go.

• Clean your desk. It's a hot spot for germs at the office. Invest in some disinfectant wipes and clean your desk, keyboard, mouse, and phone frequently.

BE PREPARED FOR COLD AND FLU SYMPTOMS

Despite your best efforts, it can be tough to make it through cold and flu season without anyone in the family getting sick. Stock up on the essentials such as Vicks® NyQuil®, Vicks VapoDrops™, and Puffs Plus® with the Scent of Vicks.

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EFFECTIVE 6-SYMPTOM COLD & FLU RELIEF, DAY OR NIGHT.
The non-drowsy, stuffy head, sore throat, nasal congestion, coughing, aching, fever, seize the day even with a cold...medicine.
DayQuil
NyQuil
The nighttime sniffling, sneezing, sore throat, coughing, aching, fever, so you can sleep with a cold...medicine.
VICKS breathe life in™
VICKS DAYQUIL & NYQUIL
To ensure this product is right for you, always read and follow the label. Keep out of reach of children.
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MLB

Bautista already in flight for Jays

Jose Bautista kept up his torrid start to the spring, hitting two doubles and driving in two runs Thursday that sent the Toronto Blue Jays over the Philadelphia Phillies 7-5.

A day after hitting a long home run against the Phillies in his first at-bat of exhibition play, Bautista had an RBI double in the first inning off Philadelphia ace Cliff Lee.

Bautista finished 2-for-2 with a walk. The former two-time major-league homer champion missed the final six weeks last year because of a hip injury.

Jose Reyes, Brett Lawrie and Melky Cabrera also drove in runs for Toronto.

Darin Ruf and John Mayberry Jr. hit home runs for Philadelphia.

Blue Jays starter R.A. Dickey allowed one unearned run in two innings.

THE ASSOCIATED PRESS

MLB

Jeter farewell tour begins with a dud

Derek Jeter got a partial standing ovation Thursday before hitting into a double play in his first at-bat of the first spring training game of his final season.

The New York Yankees captain, who turns 40 in June, hit a grounder to second off Pittsburgh right-hander Charlie Morton. He swung and missed once, hit three foul balls and grounded into a 4-6-3 double play on a 3-2 pitch.

Jeter grounded out to third on an 0-1 pitch against left-hander Jeff Locke in the fourth.

THE ASSOCIATED PRESS

Target on the backs of Red Wings for final playoff position

Red Wings goaltender Jonas Gustavsson makes a pad save on the Senators' Zack Smith at the Canadian Tire Centre on Thursday night. The Senators were playing for the first time after the Winter Olympics and entered the game three points behind the Red Wings, who hold the final wild-card spot in the tight Eastern Conference. For the results from the game, go to metronews.ca.

FRED CHARTRAND/THE CANADIAN PRESS

Ex-Canucks owner ducking testimony

Steve Moore attack.
Lawyer of former player wants John McCaw Jr. to testify if he encouraged Todd Bertuzzi's sucker-punch

The former owner of the Vancouver Canucks should be forced to answer, in front of a jury, if he approved a career-ending sucker punch on Steve Moore, a lawyer for the former NHL player argued in court Thursday.

It's now 10 years after Todd Bertuzzi's infamous hit, and Moore's multi-million-dollar lawsuit is finally approaching a trial. Moore's lawyer, Tim Danson, is asking the Ontario Superior Court to compel John McCaw Jr., who is based in Seattle, to testify in Toronto.

"He just goes on with his life with the incredible privileges of being a billionaire... while Steve Moore tries to recover from a shattered life," Danson said in court Thursday.

"For him to say, 'I'm not going to come and testify in any capacity' is regrettable. It's regrettable and it defies principles of fairness and justice. For him to simply hide behind his U.S. citizenship and residency given the nature of all of these facts should not be accepted and it's not something the public would accept."

NHL commissioner Gary Bettman and deputy commissioner Bill Daly have voluntarily agreed to testify, Danson said.

Master Ronald Dash, who is hearing the motion, said he would not order McCaw to testify in person at the trial, slated to begin in September, but is considering Danson's alternate request that McCaw testify via video conference.

THE CANADIAN PRESS

Rebuttals

Moore is suing Bertuzzi and the Canucks for $38 million for a 2004 on-ice hit that left Moore, then a Colorado Avalanche player, with a concussion and three fractured vertebrae.

- Moore had hit Markus Naslund weeks earlier, concussing the Canucks' captain.

Letang unsure if he'll return this season

Kris Letang hasn't played for the Penguins since Jan. 27. He suffered a stroke two days later. BRUCE BENNETT/GETTY IMAGES

He's missed five games already, and defenceman Kris Letang isn't sure if he'll be back with the Pittsburgh Penguins this season.

The 26-year-old Montreal native suffered a stroke in January. Although the 2013 Norris Trophy finalist has resumed working out, he's non-committal about exactly when he'll be back on the ice playing for the Penguins.

"I'm going to say, it's not really a good season for me, not really lucky," Letang told reporters Thursday in his first availability since the stroke. "But honestly, if I have the chance to come back this year and play, it's going to be great and I want make sure I forget all about the three quarters of the season I missed."

Quoted

"I woke up and my wife found me on the ground. The day before I was totally fine."

Kris Letang on the stroke he suffered on Jan. 29.

Letang will undergo more tests in about three weeks.

Doctors have monitored Letang since his stroke, meeting with him twice weekly. He's currently taking blood-thinners and will continue doing so for now.

Tests also showed Letang has a small hole in the wall of his heart, a condition all people have before they are born. But the hole eventually shuts for the vast majority of babies shortly after birth.

THE CANADIAN PRESS

4 SPORTS

Collins looks to play great wearing No. 98

NBA. Nets centre wearing jersey in honour of slain gay college student

Brooklyn Nets centre Jason Collins
THE ASSOCIATED PRESS

Deron Williams took a moment to snap a few photos of Brooklyn teammate Jason Collins at their shootaround in Portland.

He couldn't help it: The NBA's first openly gay player was surrounded by a throng of cameras and microphones, and at least for the next week or so, Collins will be the face of the Nets wherever they go.

The seven-footer was signed to a 10-day contract on Sunday. He played in a 108-102 victory over the Lakers that night, with two rebounds, five fouls and a steal in just under 11 minutes.

Before Wednesday night's game against the Trail Blazers, Collins said he accepted both the interest and scrutiny that has come with his return to the league.

"I'm back playing basketball, so of course I'm enjoying this," he said.

After Portland, the Nets visit Denver, where the family of slain Wyoming college student Matthew Shepard were expected to make the drive for the game Thursday night against the Nuggets.

Shepard was tortured and murdered in 1998 because he was gay. Collins wears his No. 98 jersey in Shepard's honour. He wants to keep the details of any meeting with Judy Shepard to himself.

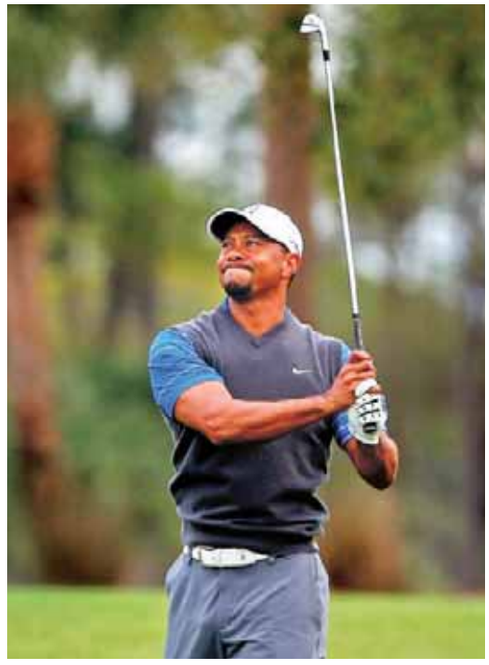
"Obviously, it's extremely special and I'm very much looking forward to meeting them," he said.

Collins wore the No. 98 with both the Boston Celtics and the Washington Wizards for Shepard even before coming out.

"We were very touched," Judy Shepard told the New York Daily News about the jersey. "For him to make that tribute to Matt was meaningful to us."

The jersey was already the biggest seller of the day Tuesday on NBAStore.com, and the NBA said it was selling well again Wednesday. The league didn't provide the number of jerseys sold.

THE ASSOCIATED PRESS



More trouble for Tiger

Tiger Woods plays a shot during the first round of the Honda Classic at the PGA National Resort and Spa Thursday in Palm Beach Gardens, Fla. Woods finished the opening round at 71, eight strokes behind leader Rory McIlroy who shot a 7-under 63. SAM GREENWOOD/GETTY IMAGES

Sports in pictures

1 **Soccer.** Club and country

Jermain Defoe retained his place in the England squad for the friendly against Denmark despite his impending move to Toronto FC.

THE ASSOCIATED PRESS

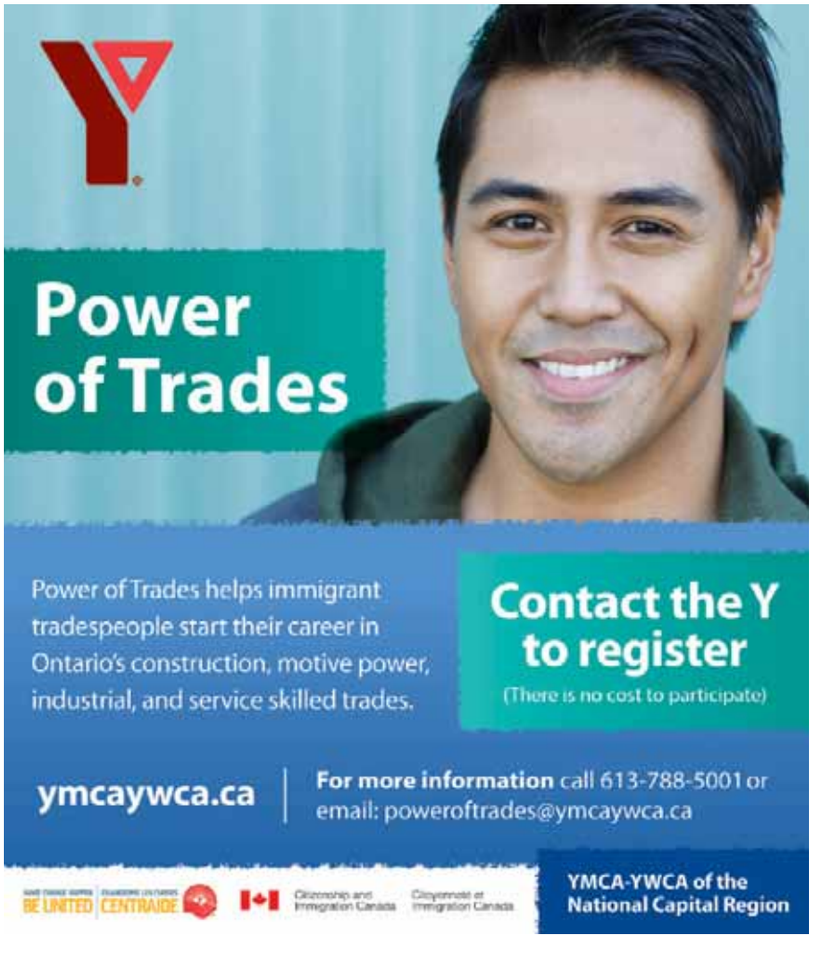
2 **CFL.** Back with Bombers

The Winnipeg Blue Bombers have re-signed East Division all-star running back Will Ford. Ford ran 113 times for 594 yards and two touchdowns last season. THE CANADIAN PRESS

3 **NBA.** The Jimmer has left the building

The Sacramento Kings and guard Jimmer Fredette have completed a buyout of his contract, clearing the way for the former BYU sensation to become a free agent.

THE ASSOCIATED PRESS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MLB. Back from his ban, Braun gives Brewers boost

Milwaukee Brewers' Ryan Braun.
ROB TRINGALI/GETTY IMAGES

Back from a lengthy suspension, Ryan Braun quickly displayed some power.

The slugger hit a two-run homer Thursday in his first at-bat for the Milwaukee Brewers since completing a season-ending, 65-game suspension in 2013 for violating Major League Baseball's anti-drug agreement.

In the first inning of Milwaukee's spring opener against Oakland, Braun hit an 0-1 pitch off Tommy Milone high over the wall near the left field corner, 345 feet away. The 2011 NL MVP got a hearty round of cheers, the loudest coming from fans in the dozen rows or so behind the Brewers bench at Phoenix Municipal Stadium, the spring home of the Athletics.

"It's still the first day of spring training. Better to hit the ball hard then to strike out," Braun said. "The goal is to have a gradual progression to prepare myself for the season."

One that promises to have its share of hecklers for Braun, at least at the start. Just before the homer, one fan wearing an A's hat yelled "MVP-E-D."

Braun took it in stride.

It was Braun's first game in the Brewers' lineup since July 21, 2013. The five-time All-Star accepted a 65-game penalty the next day for his involvement with Biogenesis, a Florida clinic accused of distributing performance-enhancing drugs.

THE ASSOCIATED PRESS

Performance under pressure

"I've never experienced them not yelling at me. They have some new things to yell at me about."

Milwaukee's Ryan Braun explains the fans' reaction to his return to the diamond

Horoscopes

♈ Aries
March 21 - April 20
As mind planet Mercury moves in your favour again today your attitude will change for the better and you will be more upbeat about your hopes. Anything is possible if you want it enough.

♉ Taurus
April 21 - May 21
Keep telling yourself that you have what it takes. If you say it enough, you will start to believe it and when that happens, all sorts of doors will suddenly open to you.

♊ Gemini
May 22 - June 21
If you have something to say you know isn't going to please some people, say it now. Don't worry about the consequences. Your job is to call it as you see it, and you see more clearly than most.

♋ Cancer
June 22 - July 23
Be on the lookout for money-making opportunities but don't go rushing after them the moment you spot them. As Mercury, planet of intellect and communication, turns direct again today you can afford to take your time.

♌ Leo
July 24 - Aug. 23
A loved one will speak their mind today and what they have to say will shock you. You never realized they could be so passionate, or so angry. Well, now you know, so what are you going to do about it?

♍ Virgo
Aug. 24 - Sept. 23
As of today you should find it easier to organize your daily routine and either get rid of or delegate jobs that take up a great deal of your time for very little in the way of rewards.

♎ Libra
Sept. 24 - Oct. 23
News you receive from afar will make you realize that what you've been worrying about in recent weeks is of no real importance. Creatively and romantically, seize the initiative and make things happen.

♏ Scorpio
Oct. 24 - Nov. 22
It may annoy you that someone is saying untrue things. But the best approach is to pretend that you have not noticed and that you agree with every word they say. Then prove them wrong.

♐ Sagittarius
Nov. 23 - Dec. 21
Now that Mercury, planet of communication, is moving in your favour again, you will find it easy to express yourself. But don't let everyone know what is going on in your head.

♑ Capricorn
Dec. 22 - Jan. 20
What seems extraordinary to you may be an everyday occurrence to other people, so let your mind be open to all possibilities. It doesn't, of course, mean you have to agree with them.

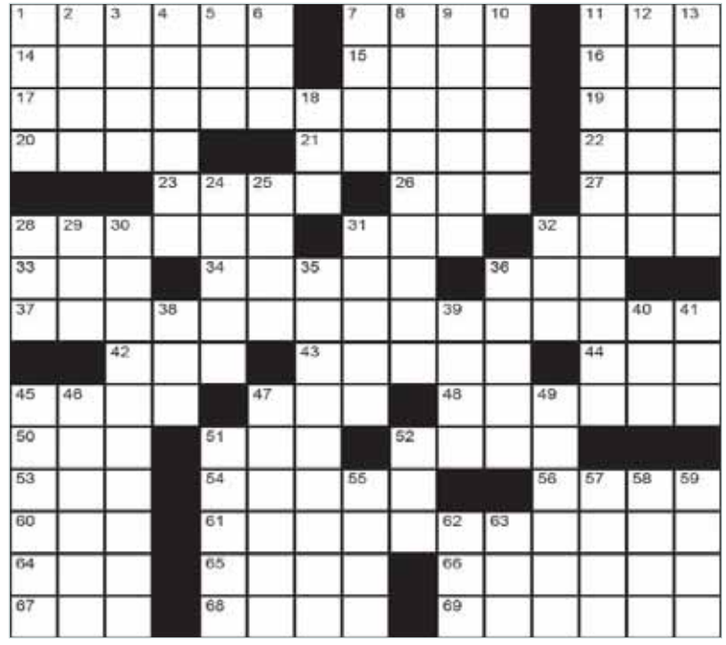
♒ Aquarius
Jan. 21 - Feb. 19
Any self-doubts you have will start to fade today and with luck will be swept away by tomorrow's new moon. People expect you to be positive in your views and don't want to disappoint them.

♓ Pisces
Feb. 20 - March 20
Mercury ends its retrograde phase and your self-belief will soar. With a new moon and a wonderful Sun-Jupiter link over the next 48 hours, this could be one of the best weekends of the year. SALLY BROMPTON

Crossword: Canada Across and Down

See today's answers at metronews.ca/answers.

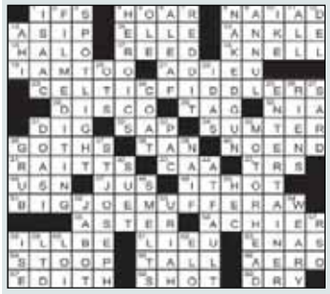
BY KELLY ANN BUCHANAN



Across
1. Sandy site
7. Cross of ancient Egypt
11. Talking Heads tune: "And She __"
14. Four-leaf __
15. Like retro records
16. Sherbrooke 'soul'
17. One-of-the-some who vote on Oscars: acronym + word
19. Till bill
20. Key
21. Traditions
22. Inventor Mr. Whitney
23. Pointing-out word
26. Bar brew
27. Duran Duran hit
28. Merry
31. "__-boom-bah!"
32. Near-not
33. "...man __ _ mouse?"
34. __ __ egg (Give birth, chicken-style)
36. Pres. monogram
37. Montreal-born star who received a Best Actress Oscar nod for her role as Anne Boleyn in "Anne of the Thousand Days" (1969): 2 wds.
42. Choler
43. Truth __
44. Born, fancy-style
45. Cats, for instance
47. '60s hit: "__ My Party"
48. Gymnastics great, Mary Lou __
50. English cathedral town
51. George Harrison's autobiography, _ __ Mine
52. Office-worker's 'about': 2 wds.
53. Klutz
54. After: French
56. Canadian comic Mr. Macdonald
60. Harper Valley org.
61. Movie of 1943 (with Greer Garson in the title role) for which Canadian star Walter Pidgeon was a Best Actor nominee: 2 wds.
64. Worn wreath
65. Oktoberfest drink
66. Martial Art
67. Slip
68. Greek Myth: Charon's river
69. Shoelace-insertion spot

Down
1. Hoodwink
2. __ mater
3. Culture of northeastern Arizona
4. Billy Wilder directed comedy of 1972 starring Jack Lemmon!
5. CV
6. Branch
7. Cartridge, e.g.
8. Easily-figured-out decision
9. Prays at the pew
10. 2014 Best Animated Short Film nominee, "Get a __!"
11. Best Picture winner, "On the __" (1954)
12. Henry Fielding book of 1751
13. Junior opposite
18. 911 respondent
24. Bisect
25. Jai __
28. Treadmill pace
29. USA state
30. Magazine that hosts an annual Oscars party: 2 wds.
31. Keeps
32. Modifying wd.
35. Beatles song
36. Irked individual
38. Hosp. areas
39. Create a CD
40. 2014 Best Actor nominee Mr. DiCaprio
41. Home room
45. Citizenry
46. One who uplifts others with joy, say
47. Bestow
49. Time on the job
51. Poetic feet
52. Philosophy
55. Waters: French
57. Unwritten
58. Ceremony
59. Convene
62. Supplement
63. Small island

Yesterday's Crossword



Sudoku

How to play
Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved.

	1	7				6		
			9	3				1
2					5			8
		2	7		3		8	
	4			1			6	
	3		2		8	5		
8			4					6
9				5	7			
		3				1	9	

Yesterday's Sudoku

4	8	7	2	1	9	3	6	5
1	2	6	3	8	5	7	4	9
9	5	3	7	6	4	1	2	8
3	7	8	1	2	6	5	9	4
2	1	5	9	4	3	8	7	6
6	4	9	8	5	7	2	3	1
7	6	4	5	3	8	9	1	2
8	3	2	6	9	1	4	5	7
5	9	1	4	7	2	6	8	3

Today
-13°/-18°
Sunny

Saturday
-4°/-19°
Light snow
80%

Know what the weather will be 14 days from now.
Check the 14 day trend.
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